### NIH fMRI Summer Course What's neuronal and what's not in fMRI

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### What makes us think this is neural?



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ICA component from a resting state run

Bright & Murphy, NeuroImage 2015

### What makes us think this is neural?



### Just because it's published doesn't mean it's neural

### This is your brain on...love

Yes, it's possible to *see* that head-over-heels feeling. Anthropologist Helen Fisher, Ph.D., scanned the brains of 17 people who'd been in love for an average of seven months. As they stared at photos of their beloved, certain neural areas lit up on-screen. Says Fisher, "The brain in love reacts in a specific way. It's hard to control." Bottom line: You may think you're following your heart, but it's all in your head. —*JO PIAZZA* 

When you're in love, blood flow increases to a region of the brain that's responsible for motivation. It's illuminated here.



#### love quickie Is commitmentphobia dead? 75% of single women and men are "serious

Glamour, March 2004

# We don't know any fMRI results are neural

... but, for a well designed and reported study, we can be *reasonably* confident

Where does this confidence come from? Confidence for neuroscience as a field Confidence for an individual study

### Where does confidence in fMRI come from?

- Confidence for neuroscience as a field (See also Peter Bandettini's 5/31 talk)
  - A plausible mechanism
  - Results match our understanding of brain function
  - Complementary studies with other measures
- Confidence for an individual study
  - -Task based fMRI
  - Resting state fMRI
  - -A task based case study

### Deoxy Hb is an intrinsic MRI contrast agent

100% oxygenated blood

Oxygenated hemoglobin





Deoxygenated hemoglobin



**BOLD** Blood Oxygen Level Dependent



20% O<sub>2</sub>

in vivo





S. Ogawa, T.-M. Lee, A. S. Nayak, P. Glynn, Magn. Reson. Med, 14, 68-78 (1990)

### Plausibility: The mechanism behind fMRI

#### Cerebral Blood Flow

Cerebral Oxygen Metabolism Rate Oxygen Extraction Fraction



CBF goes up more than  $CMR_{O2}$ . This uncoupling produces a highly significant decrease in the local OEF (-19% of mean), indicating that tissue  $P_{O2}$  rose during stimulation.

Fox & Raichle, PNAS, Feb, 1986



Less deoxyhemoglobin in a voxel (volume) results in a larger Blood Oxygen Level Dependent (BOLD) MRI measurement

### The fMRI BOLD time course



This shows what happens, not why it happens

### What types of neural activity use energy?



#### We know a lot about neurovascular coupling It's not directly driven by oxygen or energy needs



Elizabeth Hillman, Annual Review of Neuroscience 2014. 37:161–81

### There's still a lot we don't know about neurovascular coupling



Elizabeth Hillman, Annual Review of Neuroscience 2014. 37:161-81

### One example of neurovascular coupling complexity Breath Hold Visual Stimulation



### Is the BOLD undershoot after stimulation from continued oxygen metabolism or vascular changes?

Hua et al "Physiological origin for the BOLD poststimulus undershoot in human brain: vascular compliance versus oxygen metabolism" JCBFM 2011

#### Why believe fMRI is neural?

fMRI results match our understanding of brain function





#### fMRI can show retinotopy in primary visual cortex

DeYoe, E.A., et al., 1994. Functional magnetic resonance imaging (FMRI) of the human brain. Journal of Neuroscience Methods 54, 171–187.

## fMRI can have very predictable retinotopic mapping



Polimeni, et al 2010. Laminar analysis of 7T BOLD using an imposed spatial activation pattern in human V1. NeuroImage



## BOLD magnitude scales with auditory stimulus rate



Average responses of 5 subjects' voxels in Heschl's Gyrus

Binder et al 1994 Cognitive Brain Research

#### Language dominance compared to the WADA test



Desmond, et al 1995. Functional MRI measurement of language lateralization in Wada-tested patients. Brain

### Agenesis of the corpus callosum

Activation from a text listening task

Right and left auditory seeds in resting data



Connectivity map from a healthy volunteer



Quigley et al AJNR 2003

An acallosal patient was first presented by Lowe et al Neuroimage 9:S422 1999

Vasculature is still symmetric, but bilateral neurons are not connected

#### Why believe fMRI is neural? Complimentary modalities



Logothetis also showed that the LFP time courses have a slightly better linear fit than multi-unit spiking activity

Logothetis et al. (2001) "Neurophysiological investigation of the basis of the fMRI signal" Nature, 412, 150-157

### **Optical measures**



Elizabeth Hillman, Annual Review of Neuroscience 2014. 37:161-81

### fMRI relationship to EEG



Activation and deactivation maps of EEG signals convolved with a hemodynamic response Laufs et al PNAS 2003

### The EEG/fMRI rest relationship isn't simple



Yuan, Zotev, Phillips, Bodurka Neuroimage, 2013

## Relationships similar to resting state in electrical recordings



Leopold et al Cerebral Cortex 2003

Based on a slide from M Lowe

## Why believe that a specific fMRI study represents neural activity?

### Where does confidence in fMRI come from?

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### How do we know this is neural?



### Howkie prokably it is enaural?



5 cycles of a block design **breath holding** task BOLD changes primarily because of a global blood flow change

### How do we know that this is neural?



ICA component from a resting state run

Bright & Murphy, NeuroImage 2015

### The map is from the motion-correlated noise



Bright & Murphy, NeuroImage 2015

Detrending (linear and quadratic)

Independent

components

Physiologic regressors

End-tidal CO<sub>2</sub> conv. with HRF

Heart rate conv. with CRF

### Isolating the neural signal



### Challenges

- Non-neural partially BOLD fluctuations: Respiration, Cardiac pulsation
- Head Motion
- Bad Task Design
- Understanding the effects of data collection choices
- Understanding the effects of data processing choices

#### Respiration can bias fMRI task results



#### Connectivity differences based on head motion



Each group is 100 Subjects

Group 1 had the least motion and group 10 had the most motion

Van Dijk et al, Neuroimage 2012

### Data collection matters Spatial resolution

T statistic effect size original 1 mm 2 mm 4 mm 8 mm 50 3.1 20 -50 Т β p < 0.001

Stelzer, J., et al, Front Hum Neurosci, 2014

### Data processing matters:

A common preprocessing step will always result in anti-correlated networks



Murphy et al Neuroimage 2009

Removing the global signal was supposed to remove non-neural fluctuations, but it also induces anti-correlations **Removing uncharacterized signals can cause uncharacterized population differences** 

### Modeling response shape can matter



### Modeling the order of neural events with fMRI is dicey



#### Handwerker et al NeuroImage 2012

An example using

## Population differences can occur from non-neural variation



Response magnitudes in several brain regions vary during a cognitive task and a primarily vascular breath holding task.

Handwerker et al, Human Brain Mapping 2007

# Using multi-echo fMRI to increase confidence that responses are BOLD

Average across active voxels in a figure tapping task at 3T





ТΕ





Image created by Ben Gutierrez

#### A case study



- Luck
- Specific Analysis Decisions
- Head motion
- Voxel size (Partial voluming)
- Global blood flow dynamics (blood steal)

Luck & specific analysis decisions

- Replication
  - Same results in 3 volunteers
  - Follow-up study showed same results in 3 more volunteers
- Several variants of the analyses (i.e. different models and different clustering methods) were done & either didn't affect the results or altered them in predicted ways

- Head motion
  - There was minimal head motion across these data and the head motion causes some predictable activation artifacts that we didn't see
- Global blood flow dynamics (blood steal)
  - The spatial variation of response shapes doesn't match what we'd expect blood steal to look like
  - A follow-up study showed widespread activation with the response shapes changing depending on task

### What non-neural things can explain these findings? Voxel-size (partial voluming) Global blood flow dynamics (blood steal)



Gonzalez-Castillo, Cerebral Cortex 2014

- Luck: No
- Specific Analysis Decisions: Very unlikely
- Head motion: Very unlikely
- Voxel size (Partial voluming): Probably not
- Global blood flow dynamics (blood steal): Might be a factor that does affect the specific results, but probably doesn't explain the bigpicture finding

### Summary

- fMRI helps us understand the brain!
- Even though we measure an indirect signal, it can be quite specific
- There are many ways to confuse artifacts with neural signals if you're not careful
- Think about choices from data collection through analysis
- Look carefully at your data