

# *fMRI of Development*

## **Clinical Applications?**

**Daniel S. Pine, MD**

*Emotion & Development Branch*



**NIMH**  
National Institute  
of Mental Health

# *Outline*

- **Introduction**
- **Diagnostic Specificity**
- **Risk versus Disorder**
- **Novel Therapeutics**

# *Outline*

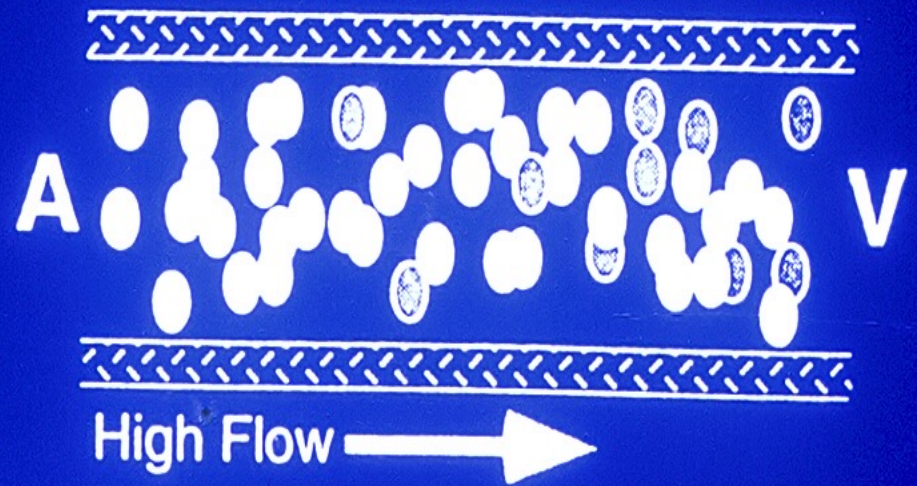
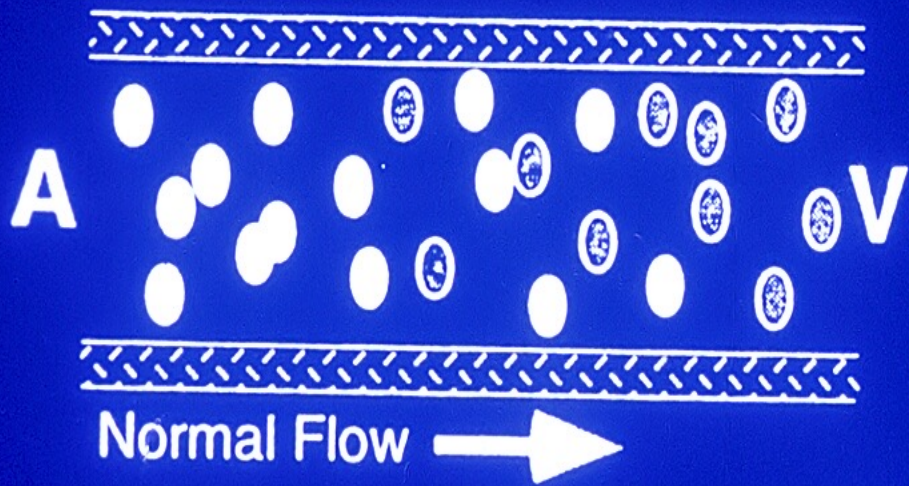
- **Introduction**
- **Diagnostic Specificity**
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# Pediatric Mental Illnesses

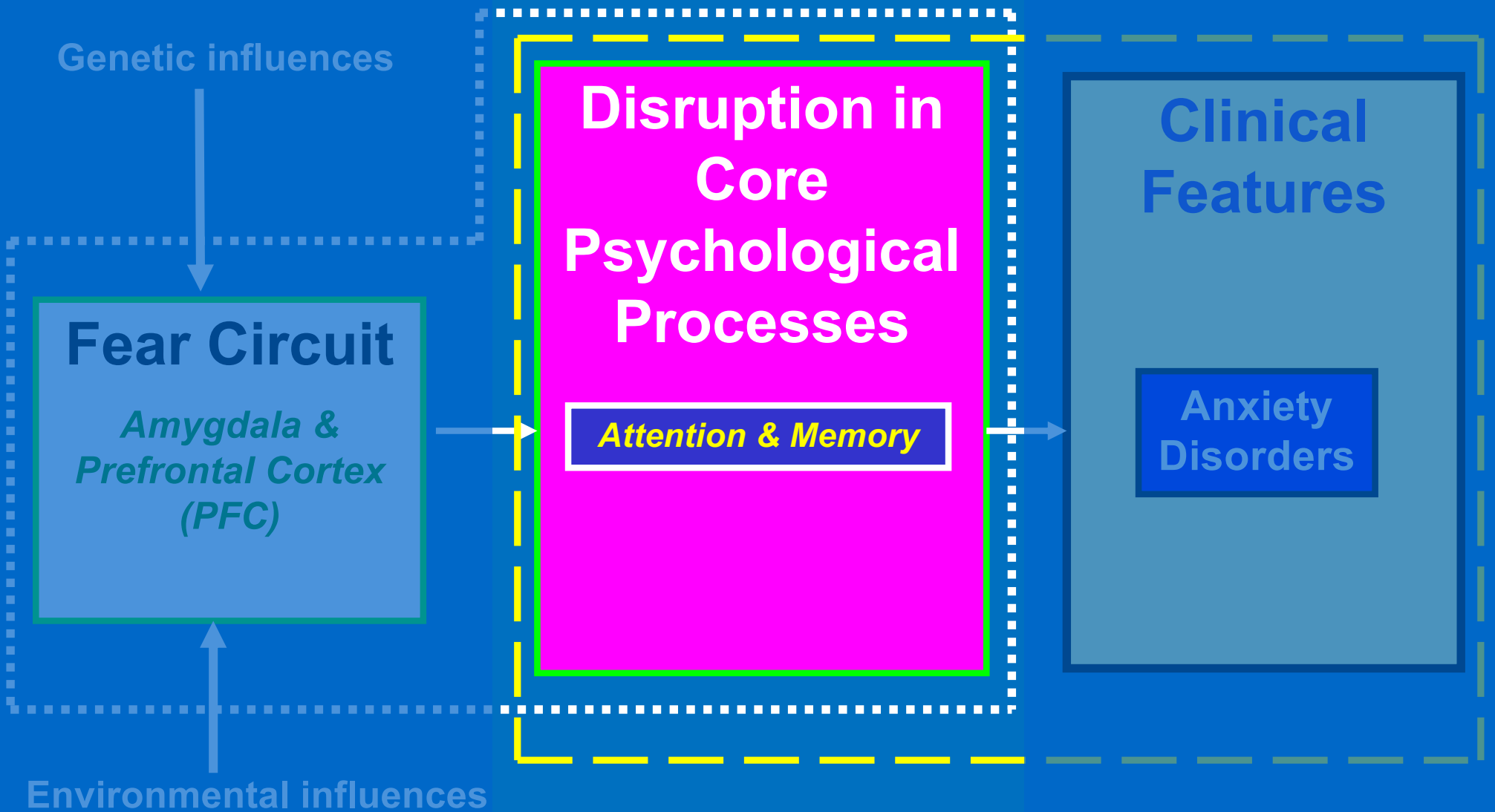
- **Extremely Common**
- **Usually Transient**
  - *But...predicts long-term problems*
- **Prediction, Therapeutics**

# **Pediatric Mental Illnesses**

- **Ground research in Neuroscience**
- **Unique role of fMRI**
- **Integration of clinical & basic**



- Oxyhemoglobin
- Deoxyhemoglobin



**A Focus on *Trajectories***

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- **Risk versus Disorder**
- **Novel Therapeutics**

# *Outline*

- Introduction
- Diagnostic Specificity *Nosology*
- Risk versus Disorder
- Novel Therapeutics



MAY 16, 2013

# THE RATS OF N.I.M.H.

POSTED BY GARY GREENBERG

# THE NEW YORKER

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AMY DAVIDSON

## Psychiatry's Guide Is Out of Touch With Science, Experts Say

By PAM BELLUCK and BENEDICT CAREY

Published: May 6, 2013

### Health

The New York Times



National Institute of Mental Health

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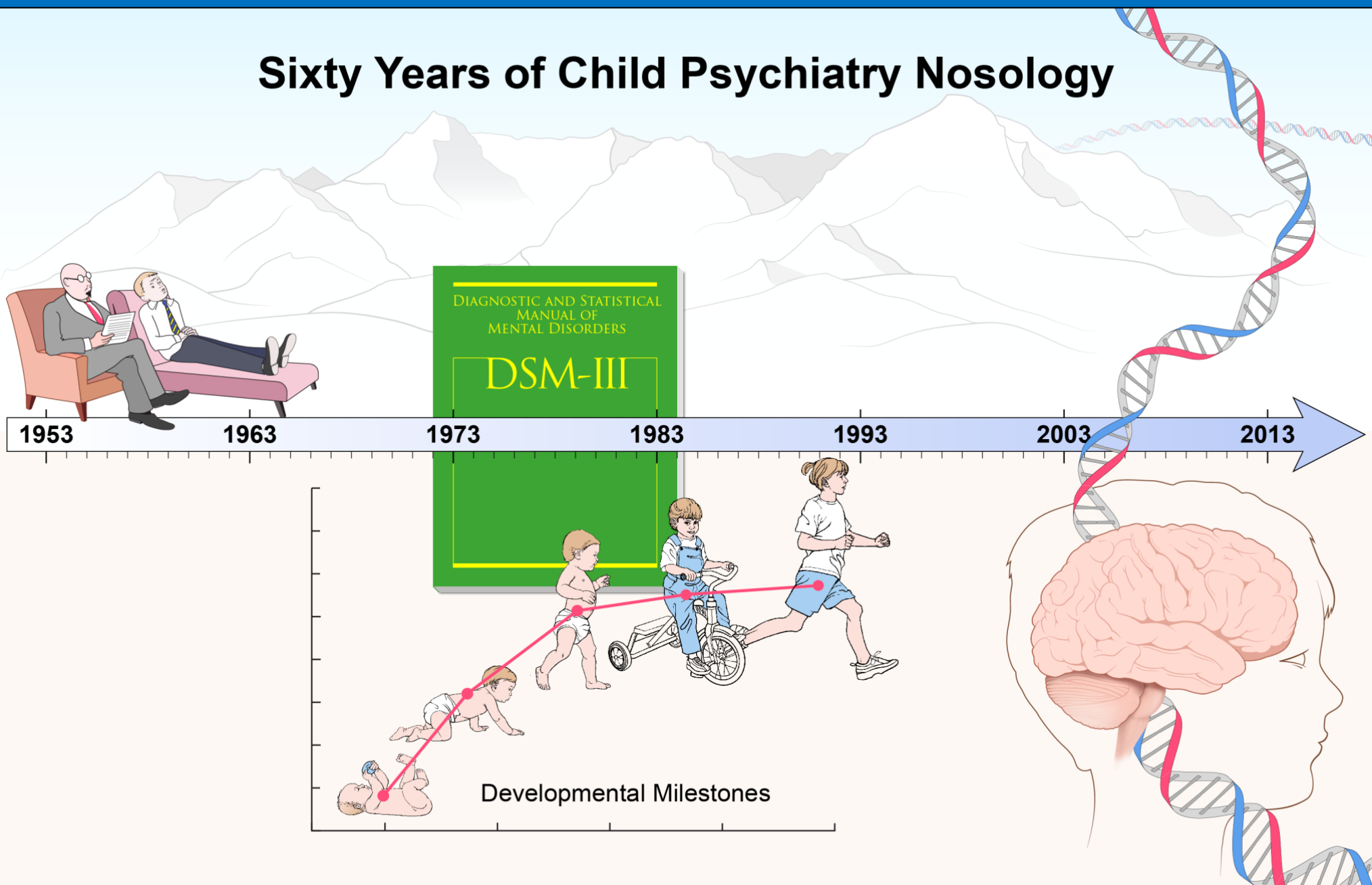
MY BLOG  
Tom Insel, M.D.  
NIMH Director

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## Director's Blog

# Sixty Years of Child Psychiatry Nosology



# Diagnostic Specificity

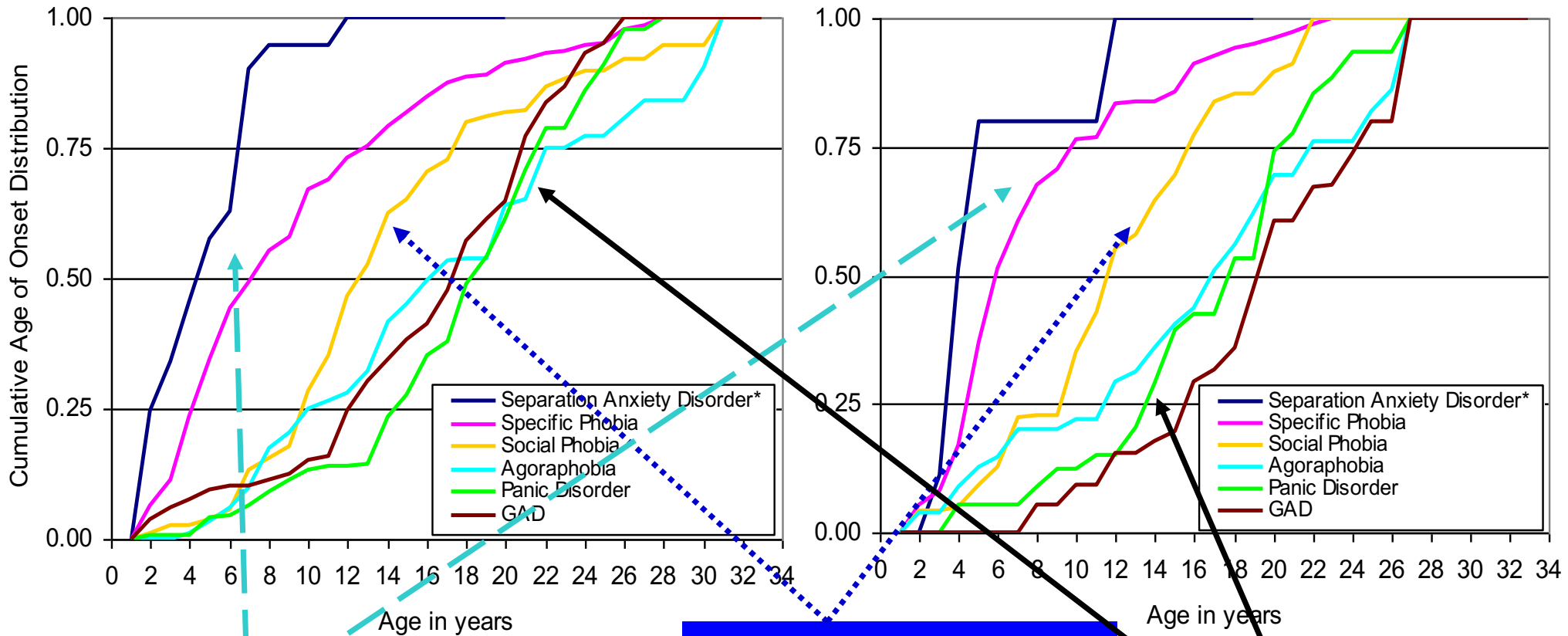
- Unique, stable patterns manifest
- Comorbidity is rampant
- Vexing questions on anxiety

# Age of Onset of Specific Anxiety Disorders

Females

Specificity?

Males



Social Phobia

Separation Anxiety Disorder & Specific Phobia

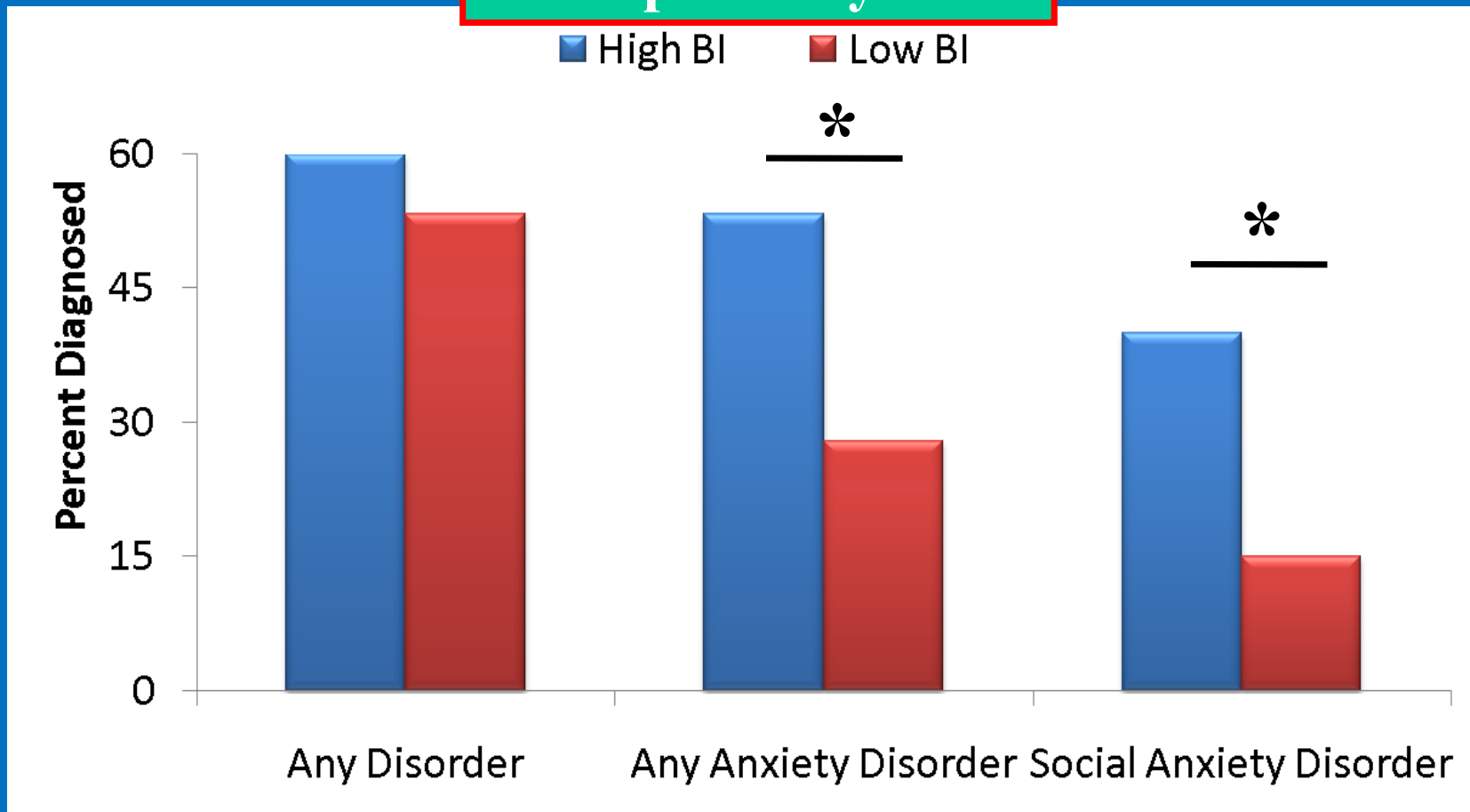
Panic Disorder/Agoraphobia & Generalized Anxiety Disorder

# Behavioral Inhibition and Anxiety

Specificity?

# Behavioral Inhibition and Anxiety

## Specificity?

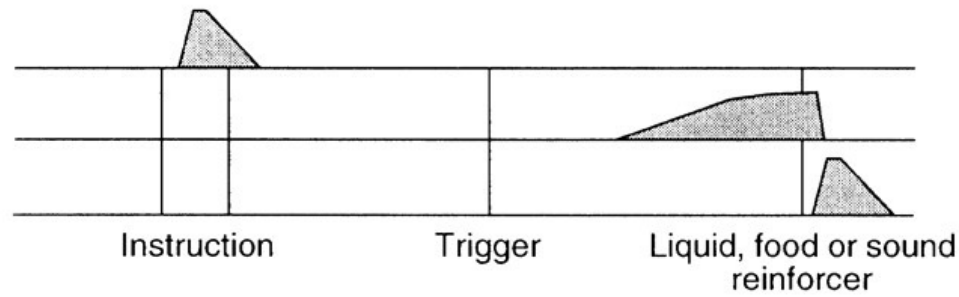


**Chronis-Tuscano et al, 2009**



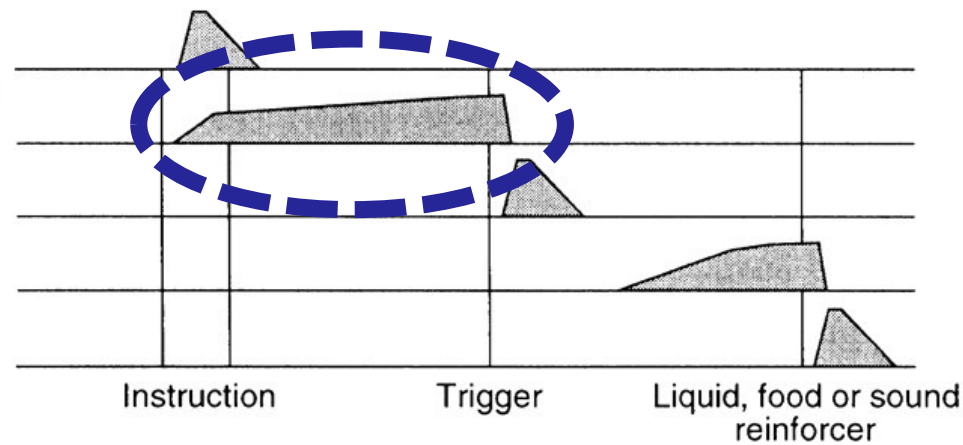
## ORBITOFRONTAL CORTEX

Response to reward-predicting instruction  
 Activation during expectation of reward  
 Response to primary reward



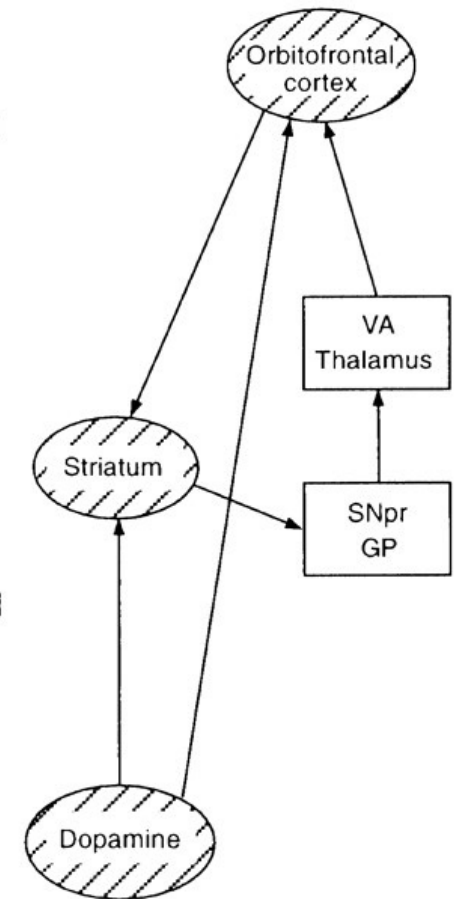
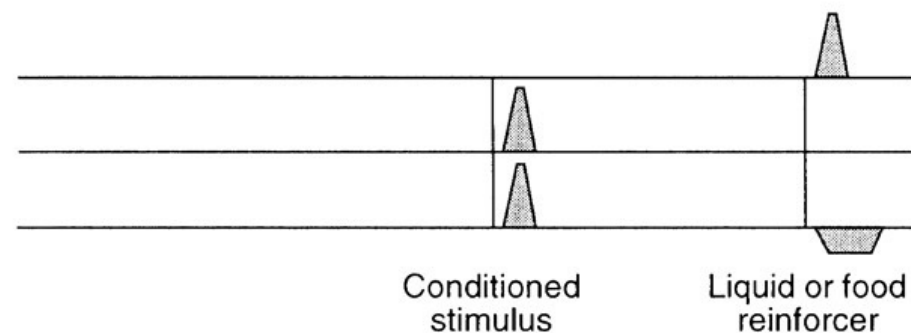
## STRIATUM

Reward-dependent response to movement preparatory instruction  
 Reward-dependent activation during movement preparation  
 Reward-dependent response to movement trigger  
 Activation during expectation of reward  
 Response to primary reward

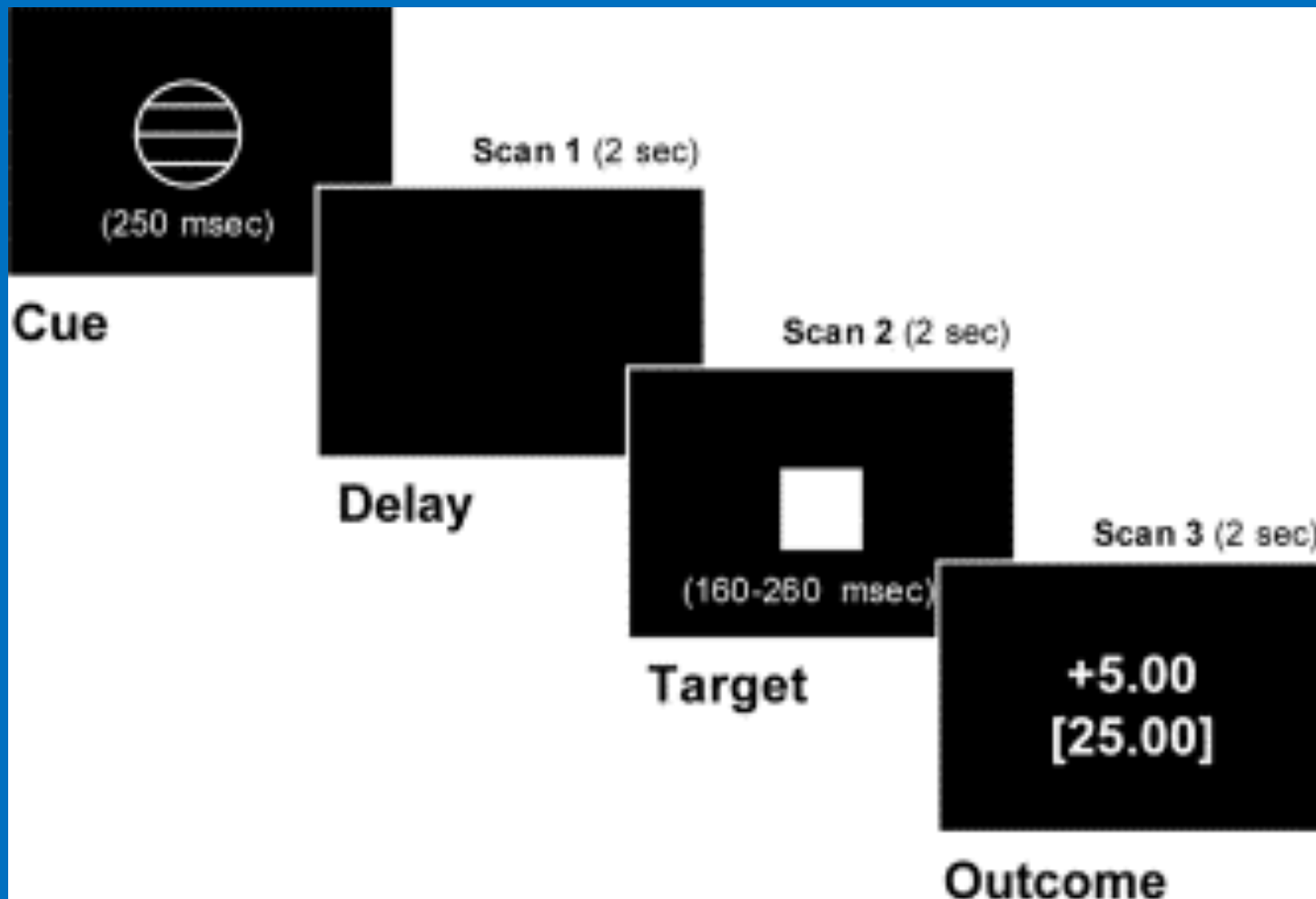


## DOPAMINE NEURON

Response to unpredicted primary reward  
 Response to reward-predicting stimulus  
 Response to reward-predicting stimulus and omitted reward



# Assessing Reward Systems Function



# BEHAVIORAL INHIBITION

4 Months: Recruitment and Selection

9 Months: EEG

14 Months: Behavioral Inhibition

24 Months: Behavioral Inhibition

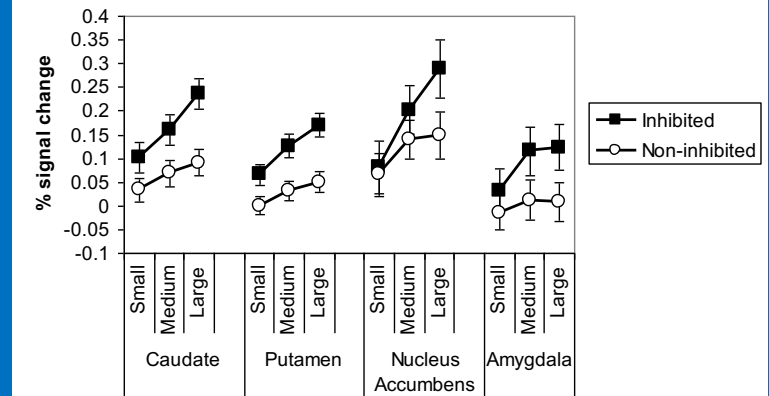
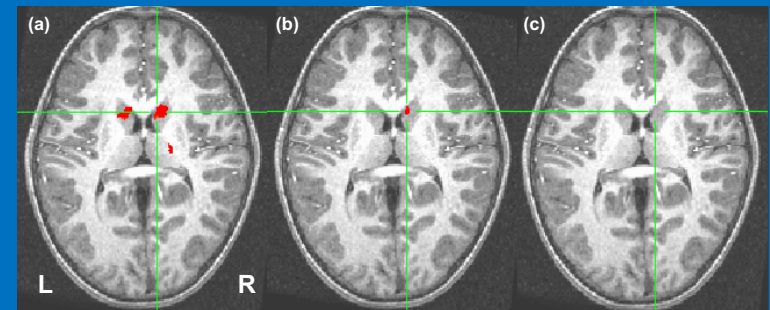
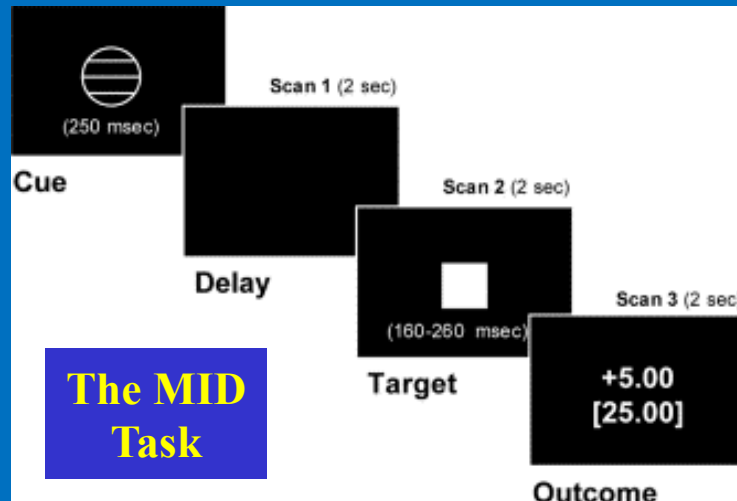
4 Years: Quartet Peer Interaction

7 Years: Quartet Peer Interaction

14 Years: Clinical Assessment, fMRI

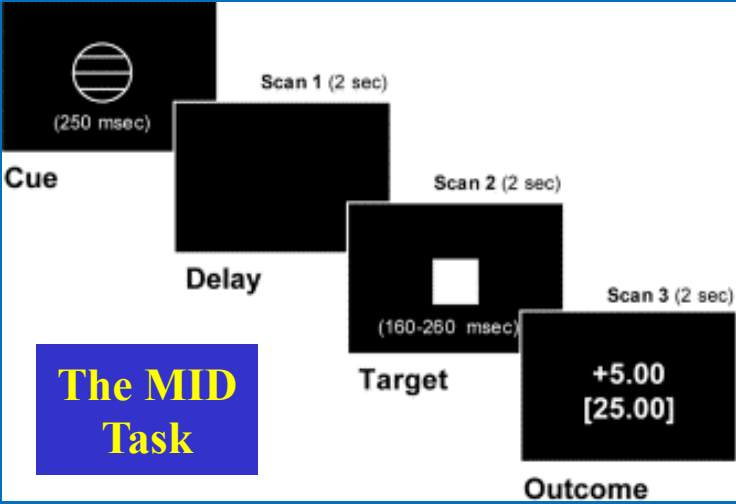
17 Years: Clinical Assessment, fMRI

# Behavioral Inhibition, Anxiety, & Reward Processing

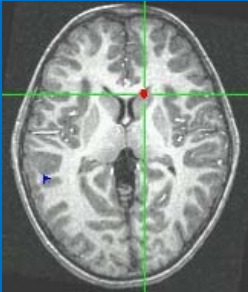
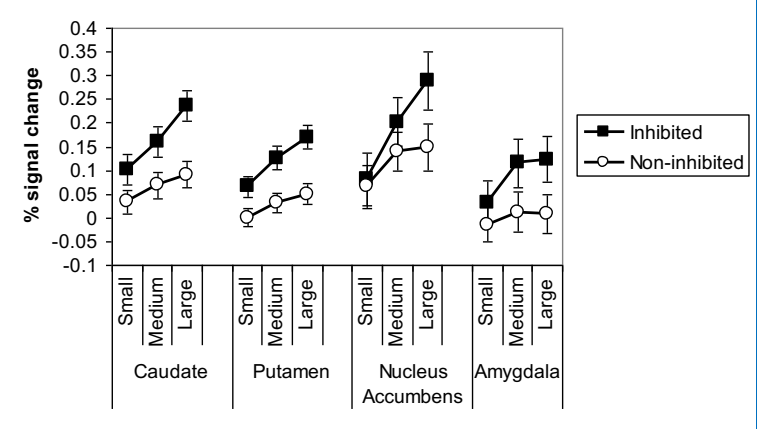
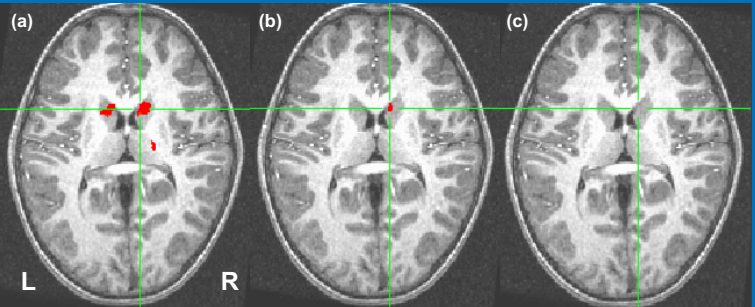


Behavioral Inhibition *Guyler et al. 2006*

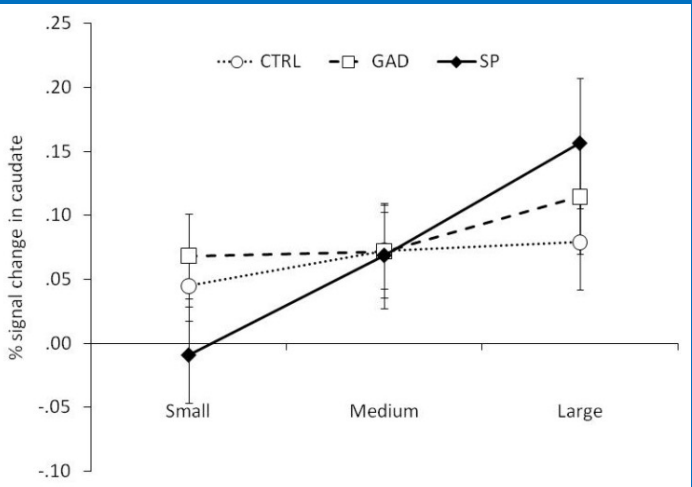
# Behavioral Inhibition, Anxiety, & Reward Processing



**The MID Task**



**Anxiety** *Guyer et al. 2012*



**Behavioral Inhibition** *Guyer et al. 2006*

Essay

# Why Most Published Research Findings Are False

John P. A. Ioannidis

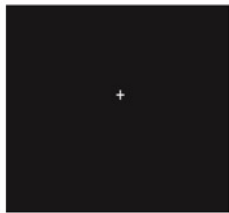
## Contradicted and Initially Stronger Effects in Highly Cited Clinical Research

John P. A. Ioannidis, MD

## Excess Significance Bias in the Literature on Brain Volume Abnormalities

*John P. A. Ioannidis, MD, DSc*

# Behavioral Inhibition, Anxiety, & Reward Processing



ITI  
1000-2000 ms



Cue  
1500 ms



Anticipation  
1000-2000 ms

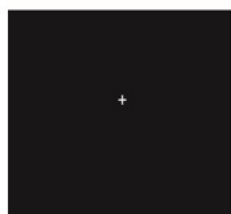


Target  
1500 ms



Feedback  
1500 ms

# Behavioral Inhibition, Anxiety, & Reward Processing



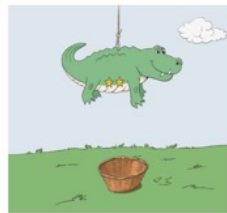
ITI  
1000-2000 ms



Cue  
1500 ms



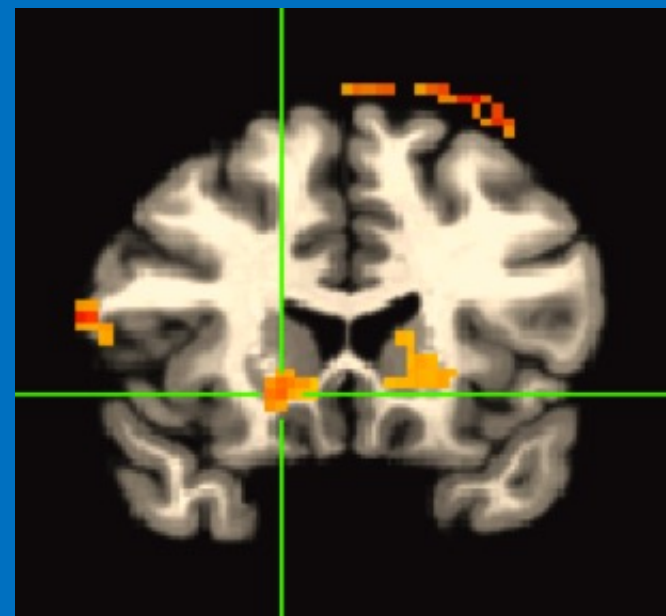
Anticipation  
1000-2000 ms



Target  
1500 ms



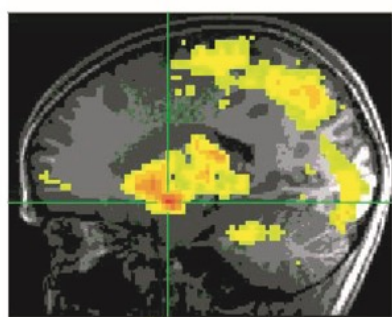
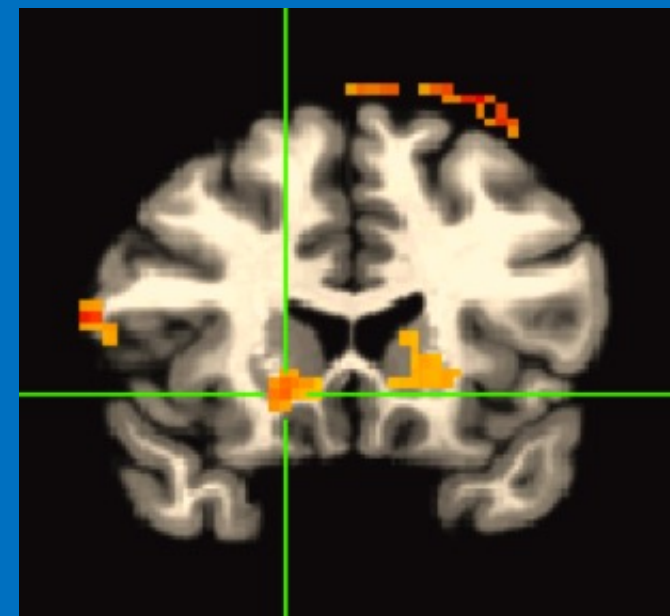
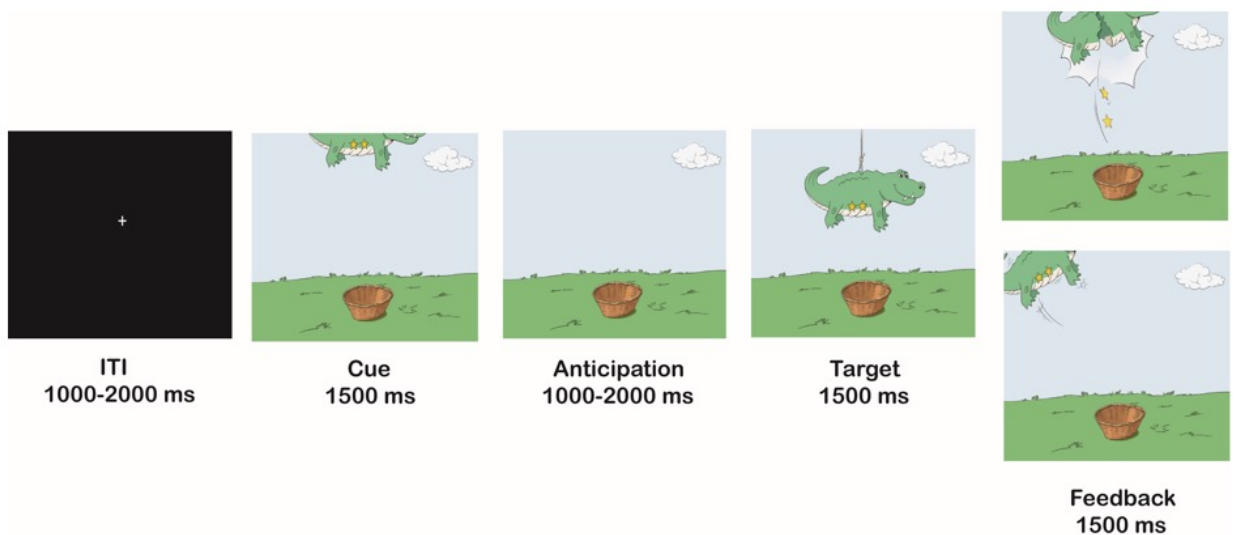
Feedback  
1500 ms



***ICC=0.81***  
***(0.60 threshold)***



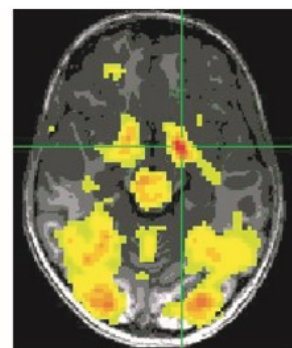
# Behavioral Inhibition, Anxiety, & Reward Processing



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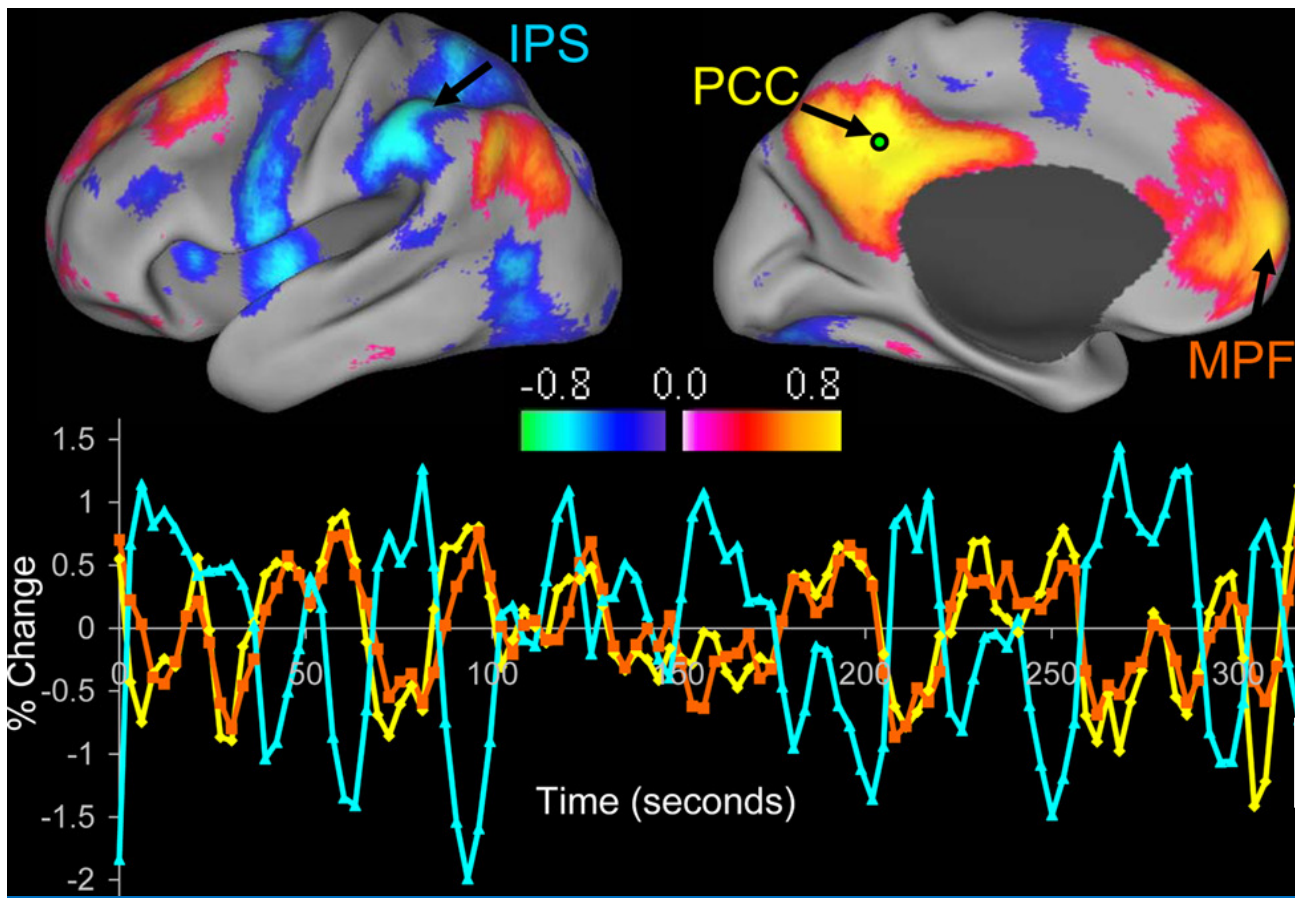


Y = 1



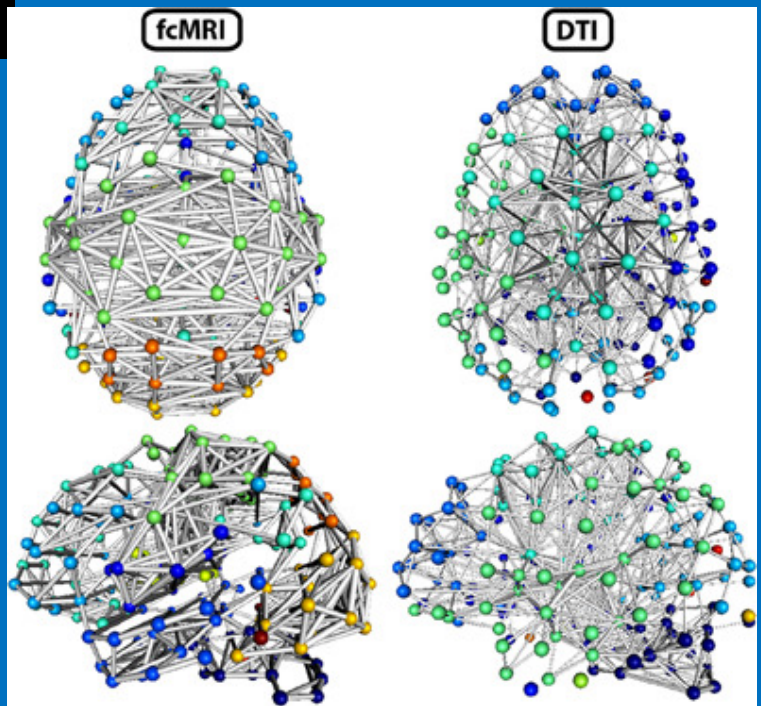
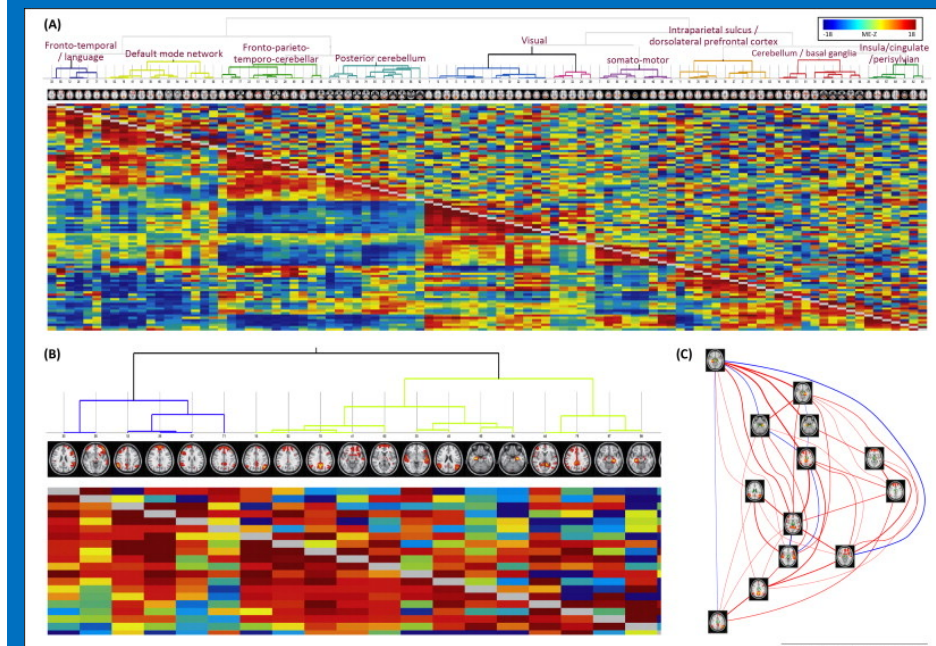
Z = -9

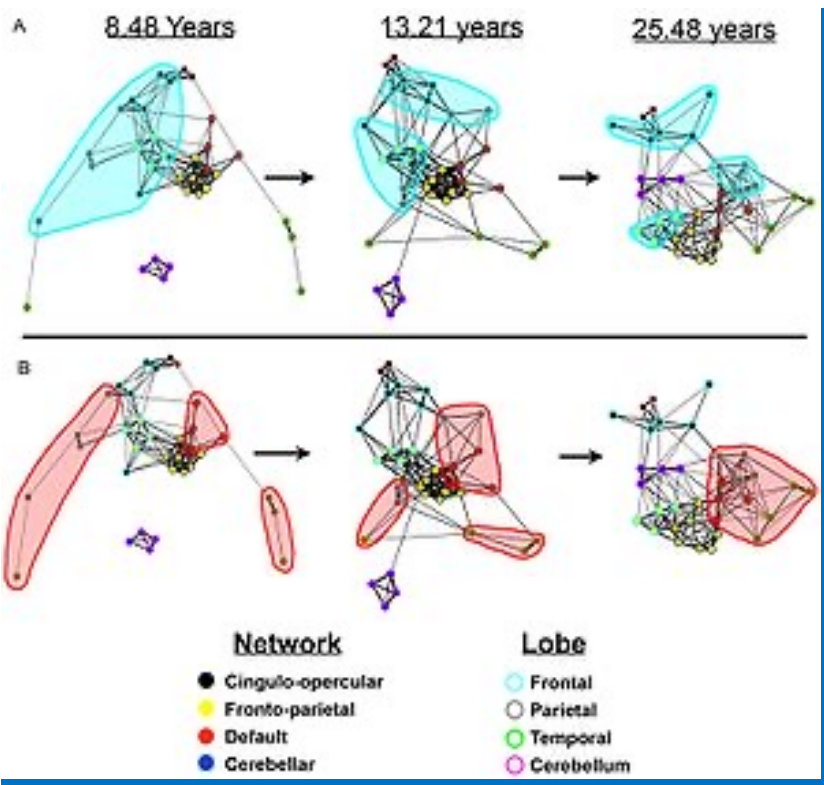
***ICC=0.81***  
***(0.60 threshold)***



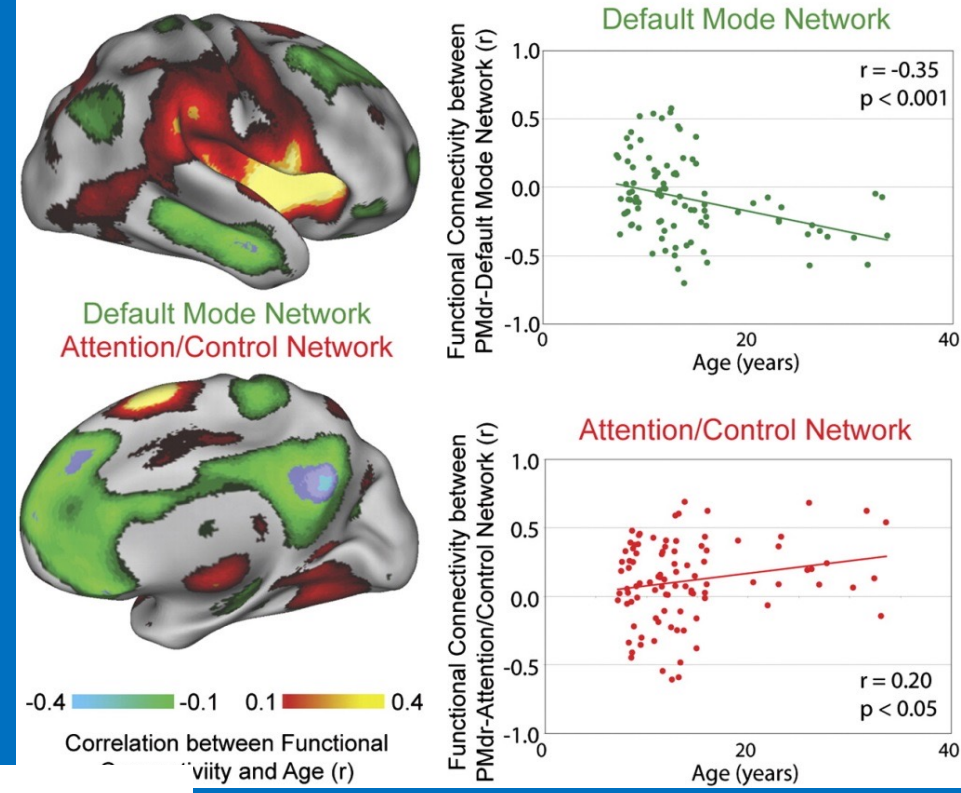
*Biswal et al. 1995*

*Fair, Schlagger, Peterson & others*



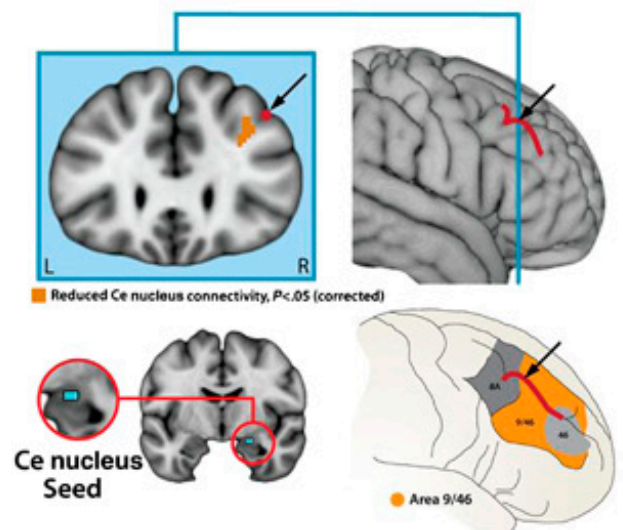


### Functional Connectivity and Age in Typical Development

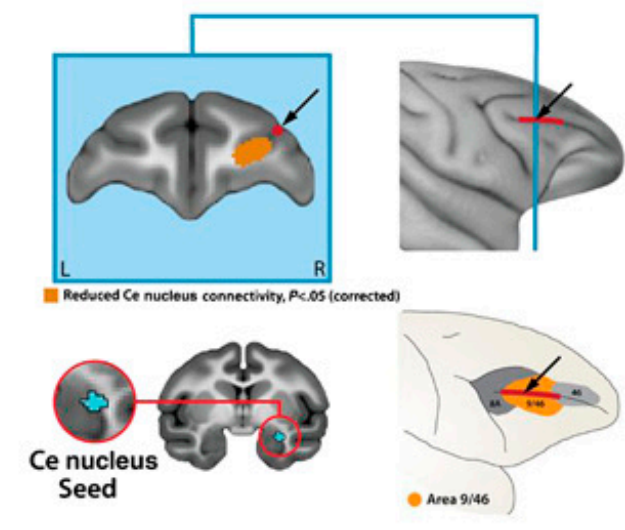


### Homologous dIPFC subdivisions show decreased intrinsic connectivity with the Ce nucleus in anxious children and monkeys

**a** Children with anxiety disorders at rest



**b** Young monkeys with higher levels of AT under anesthesia



*Fair, Schlagger, Peterson & others*

*Birn et al. 2014*

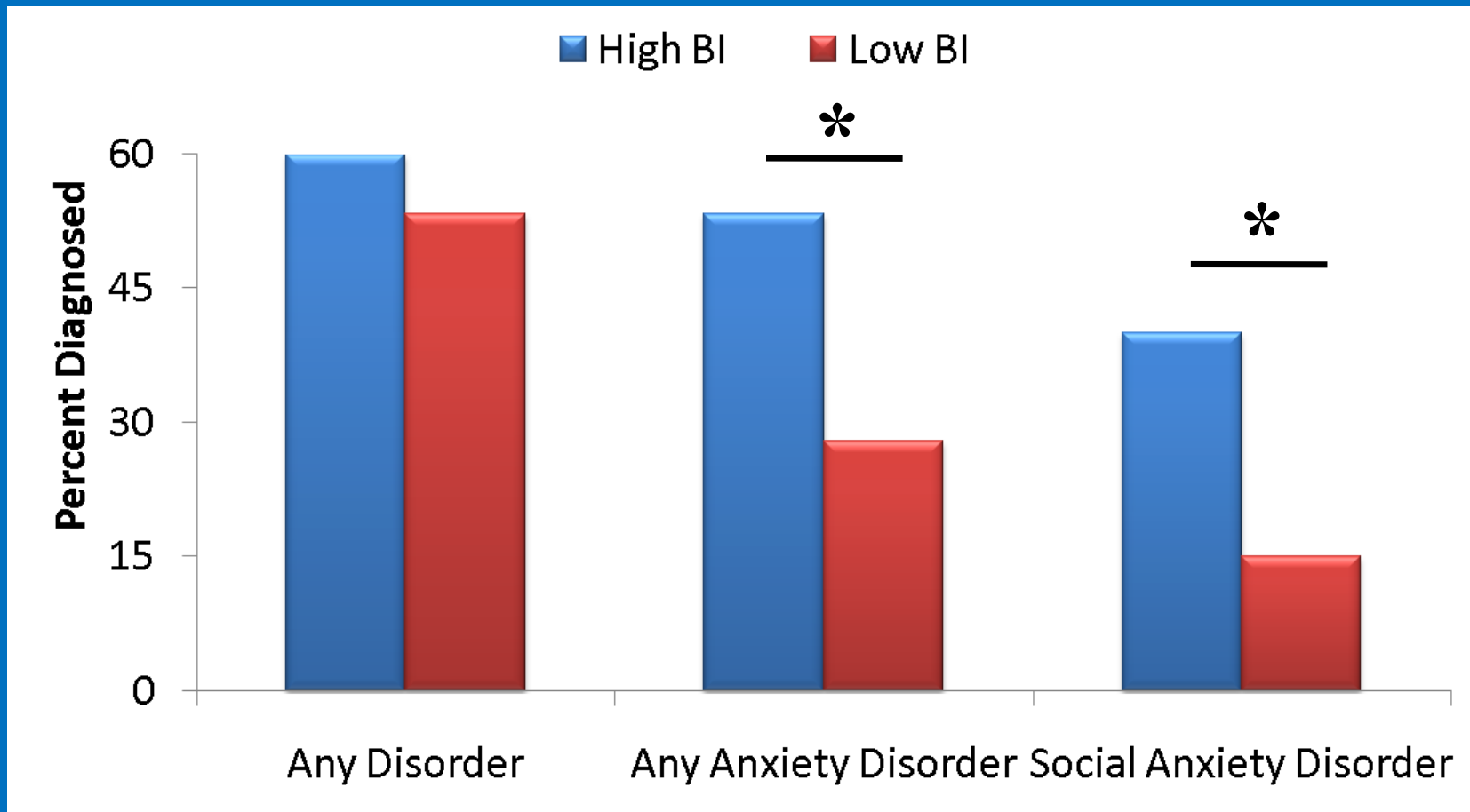
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# Behavioral Inhibition and Anxiety



**Chronis-Tuscano et al, 2009**

**VISUAL  
CORTEX**

**VISUAL THALAMUS**

**AMYGDALA**

**HEART RATE**



**BLOOD PRESSURE**



**MUSCLE**



LeDoux. *Sci Am.* 1994;270:50.

# The Dot-Probe Task



time

\*



+

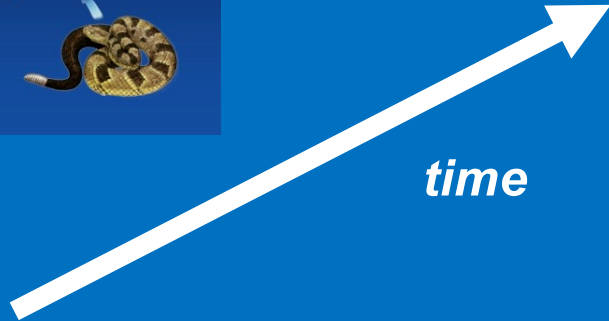
*Mogg & Bradley*

*Bar-Haim et al. (2007)*

*d=0.45*

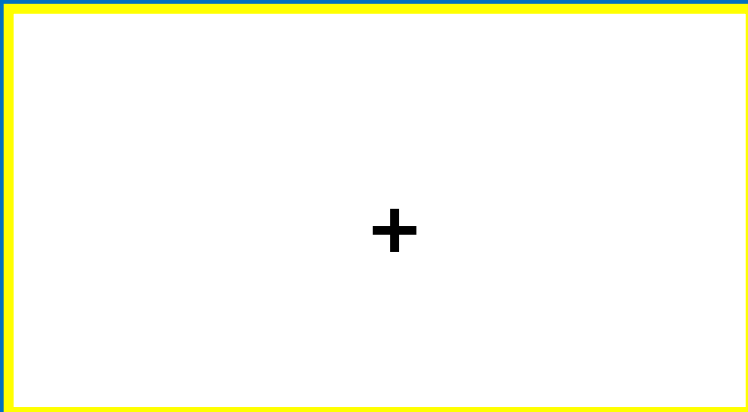
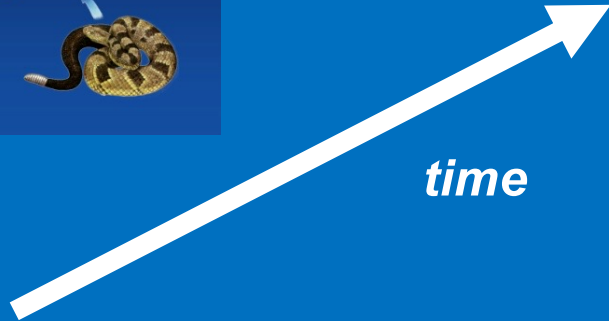


# The Dot-Probe Task



+

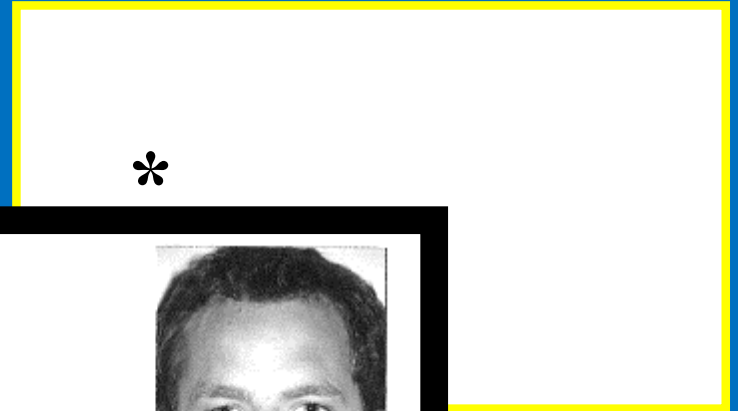
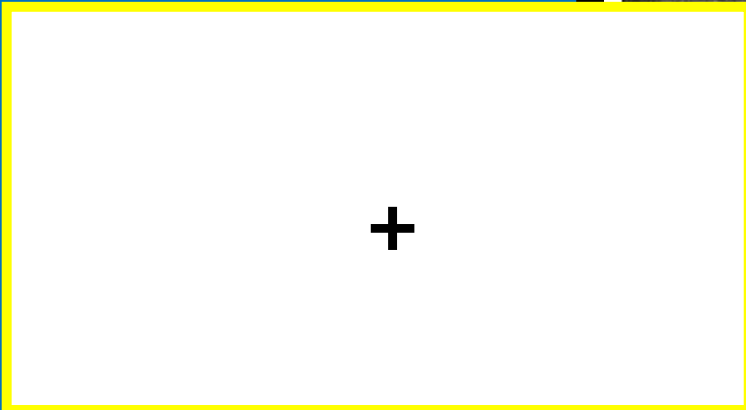
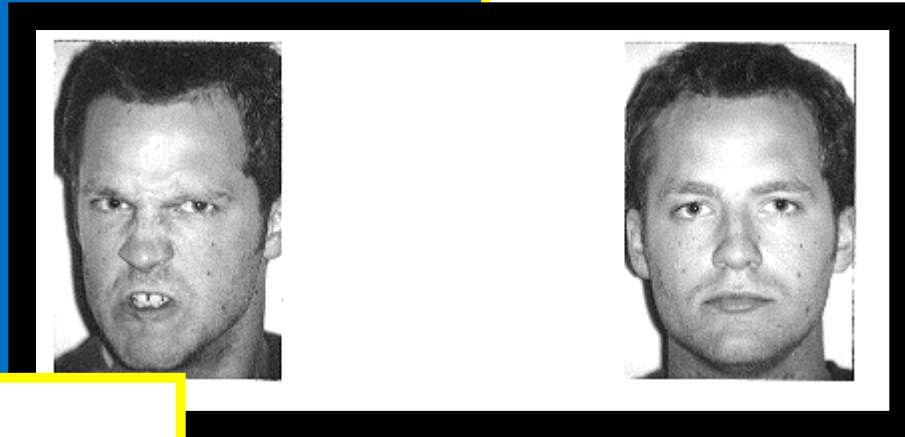
# The Dot-Probe Task



# The Dot-Probe Task



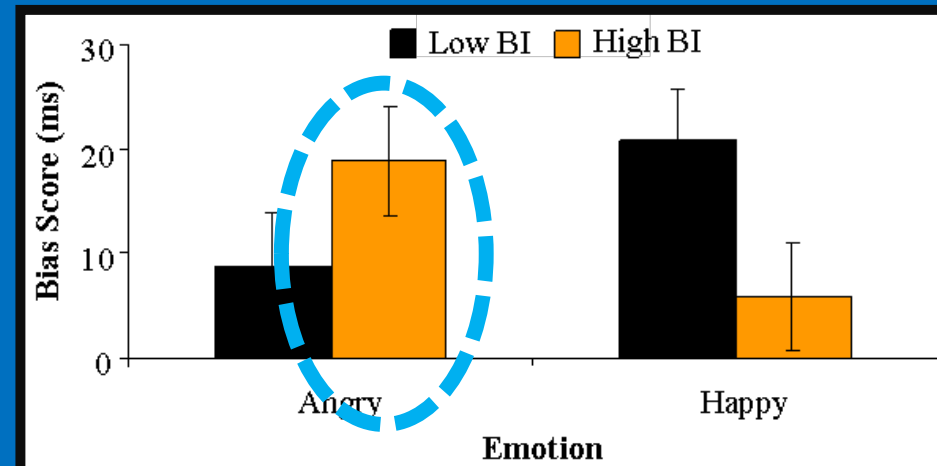
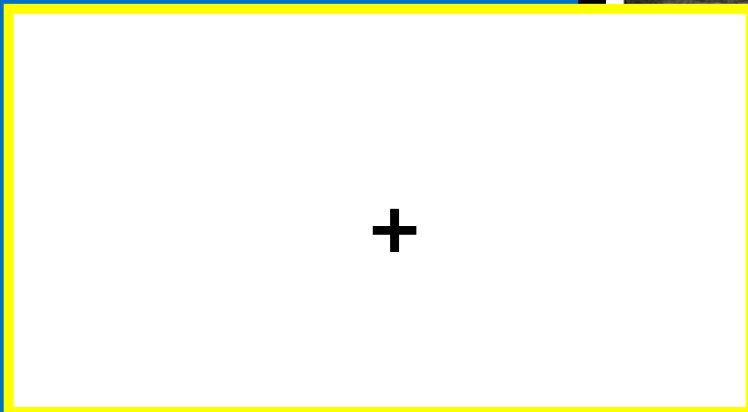
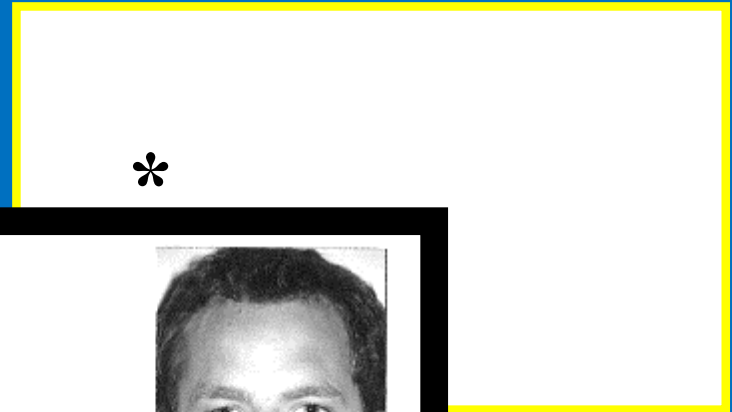
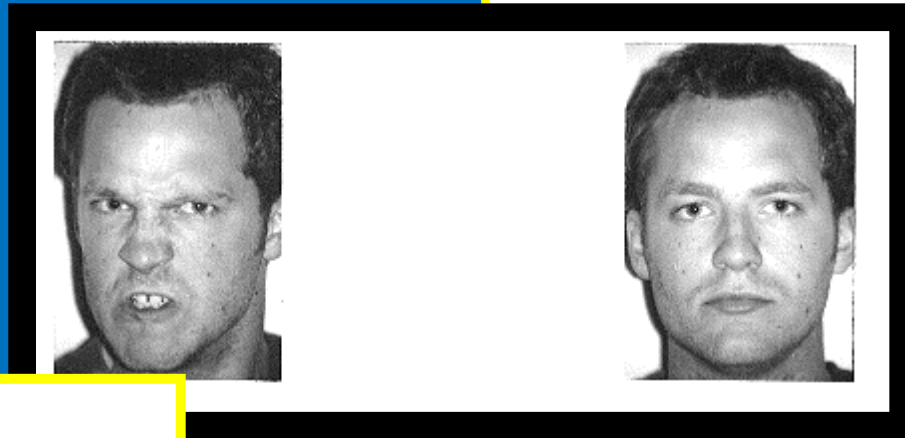
*time*



# The Dot-Probe Task



time



*Vigilance for threat = Faster RTs to probes replacing threat vs. neutral faces*

# Study Design

4 Months:	Recruitment and Selection
9 Months:	EEG
14 Months:	Behavioral Inhibition
24 Months:	Behavioral Inhibition
4 Years:	Quartet Peer Interaction
7 Years:	Quartet Peer Interaction
14 Years:	Clinical Assessment, fMRI
18 Years:	Clinical Assessment, fMRI

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4 Months:	Recruitment and Selection	
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\*\*\*-assessment of attention

*Fox et al. 2006*

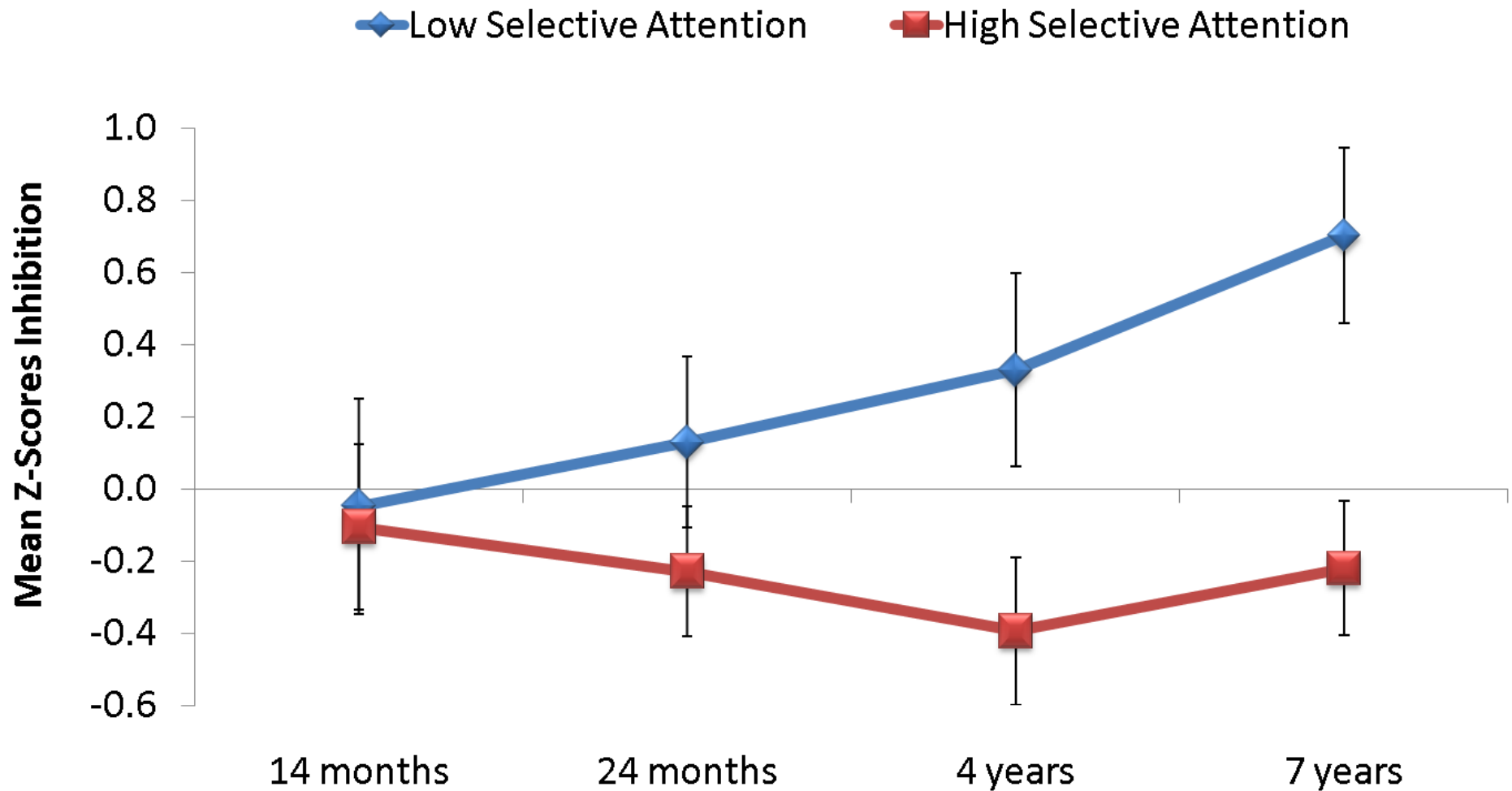
# Study Design

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24 Months:	→	Behavioral Inhibition	
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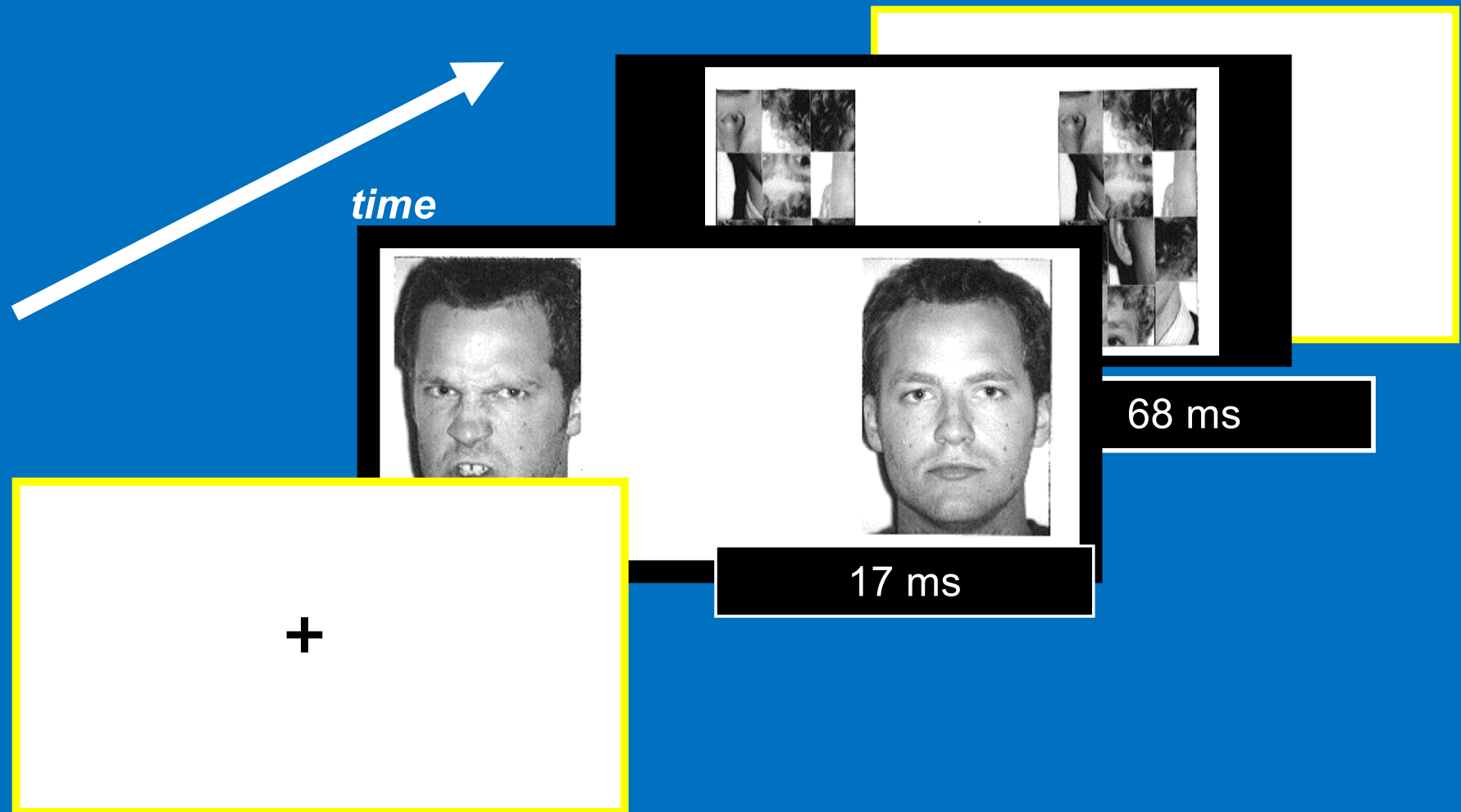
# Persistent Anxiety Emerges Over Time



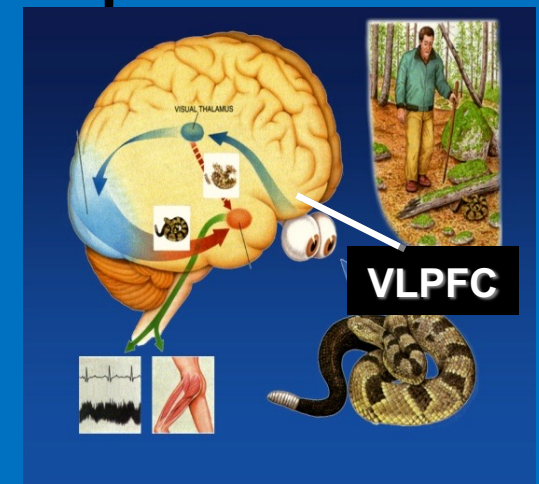
Perez-Edgar et al. 2010



# The Dot-Probe Task



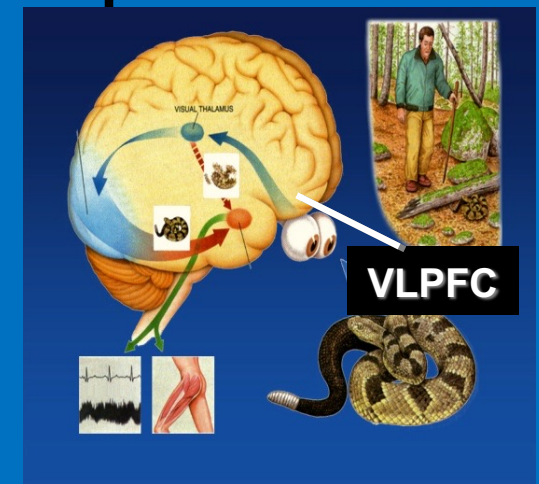
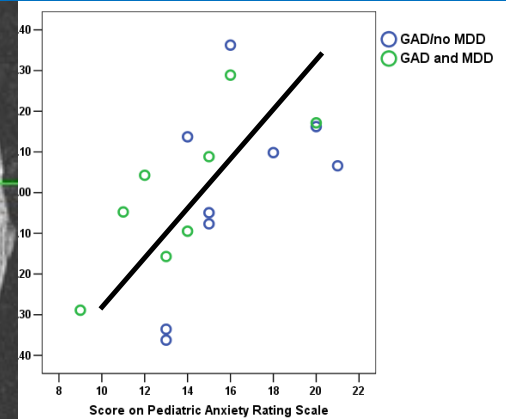
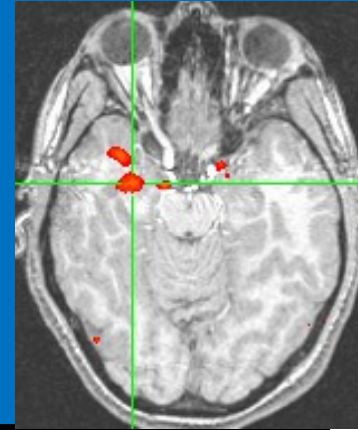
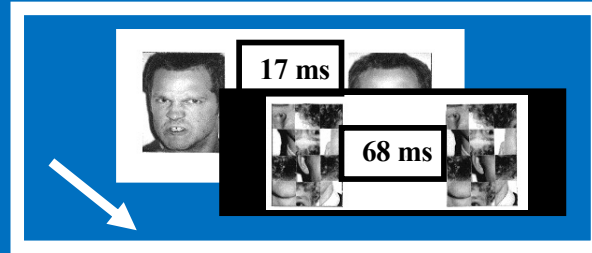
# Attention, PFC-Amygdala-Circuitry, and Pediatric Anxiety



*Monk et al. 2006, 2008*

# Attention, PFC-Amygdala-Circuitry, and Pediatric Anxiety

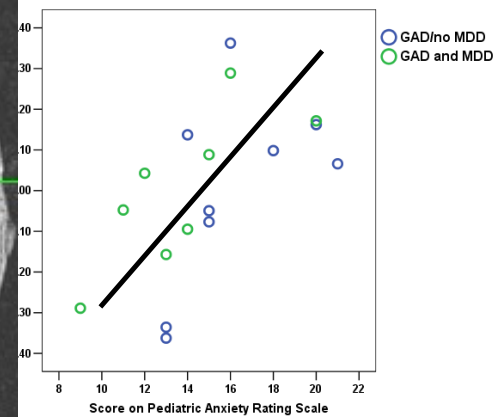
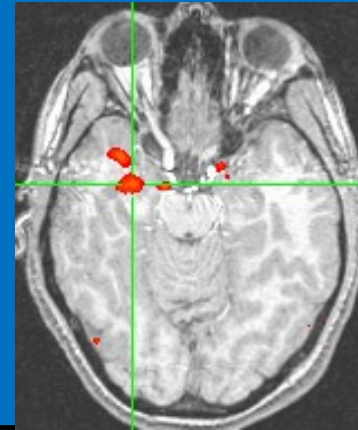
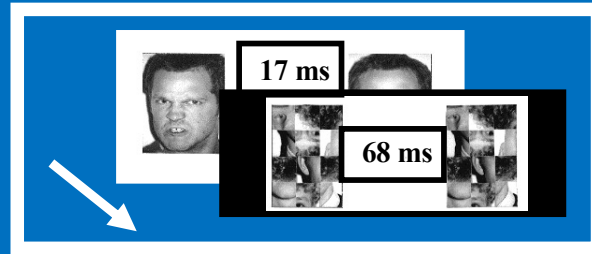
**Brief Subliminal Threat:** *Amygdala instantiates anxiety*



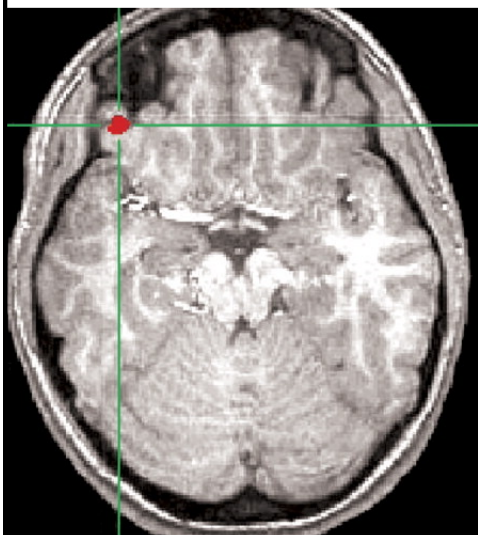
*Monk et al. 2006, 2008*

# Attention, PFC-Amygdala-Circuitry, and Pediatric Anxiety

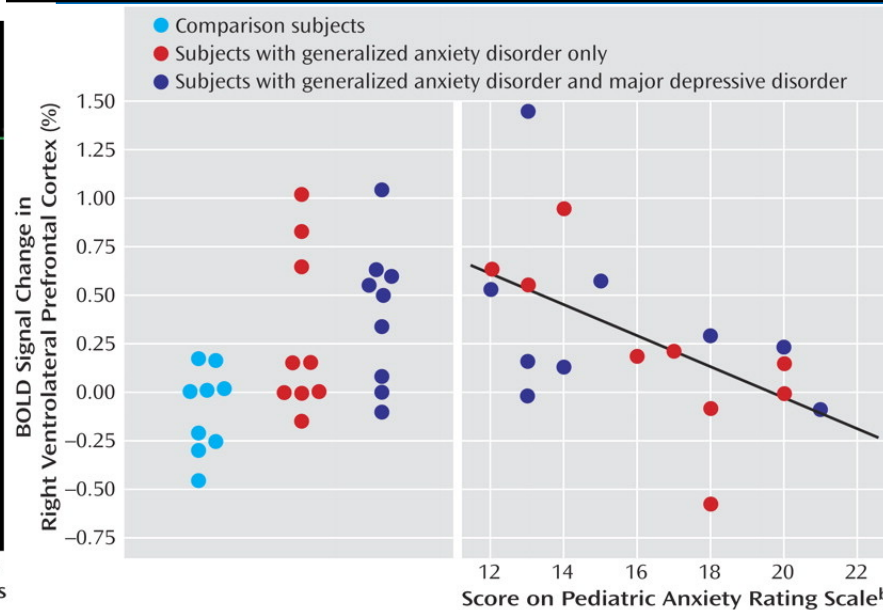
## Brief Subliminal Threat: *Amygdala instantiates anxiety*



## Prolonged Threat: *PFC regulates attention in anxiety*



Site in Right Ventrolateral Prefrontal Cortex Where Activation Was Greater in Adolescents With Generalized Anxiety Disorder Than in Comparison Subjects<sup>a</sup>



*Monk et al. 2006, 2008*

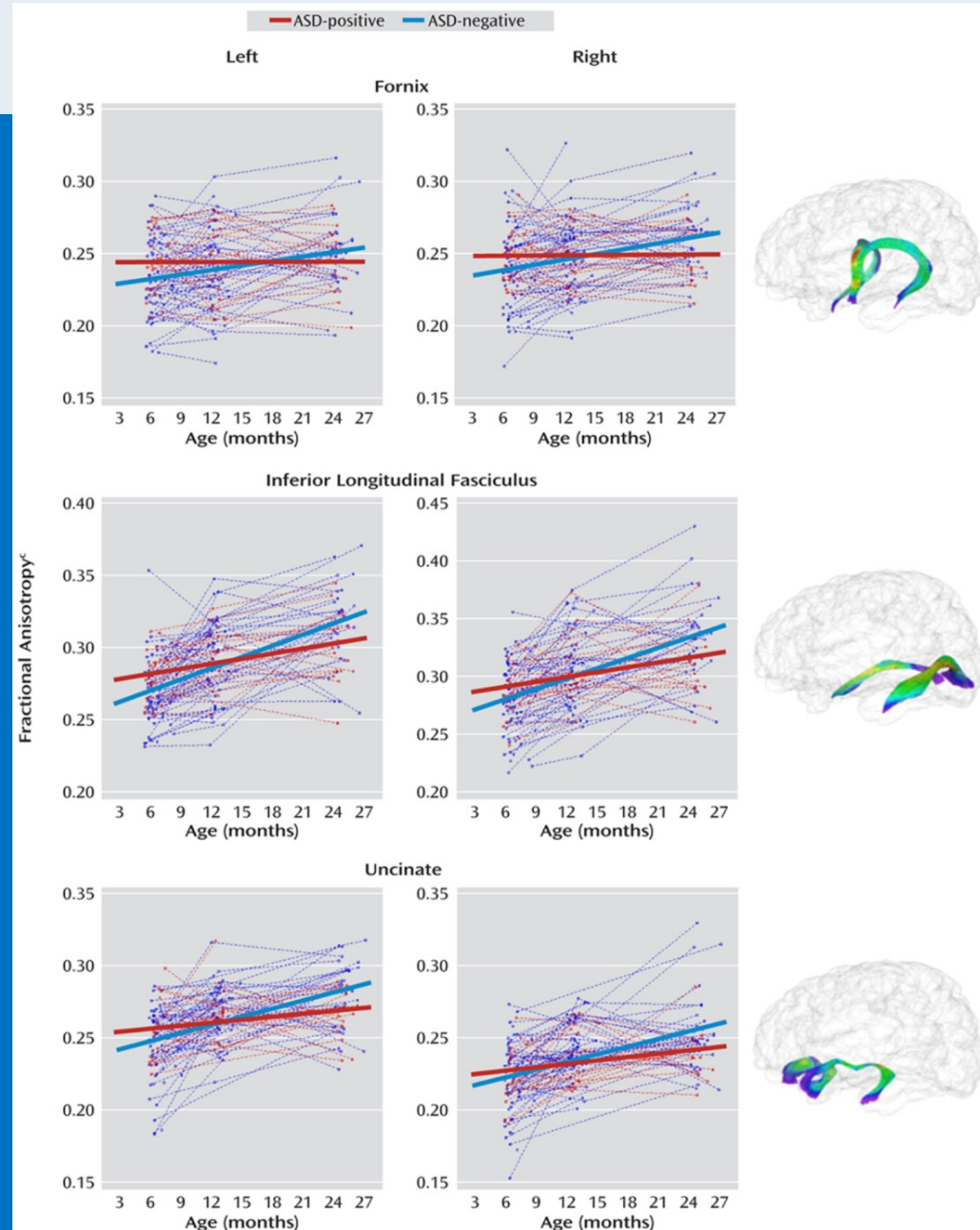
From: Differences in White Matter Fiber Tract Development Present From 6 to 24 Months in Infants With Autism

Am J Psychiatry. 2012;169(6):589-600. doi:10.1176/appi.ajp.2011.11091447

# Autism Spectrum Disorder

- *Onset in first year of life*
- *Siblings at high risk*
- *Less than half will be affected*

*Wolff et al. 2012*



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## Any Adolescent Anxiety Disorder & Any Adult Mood/Anxiety Disorder

	Disorder as Adults?		
	No	Yes	
Disorder as Adolescents?			
No	390	36	426
Yes	191	62	253
	581	98	679

*Pine et al. 1998, 2001, 2002*



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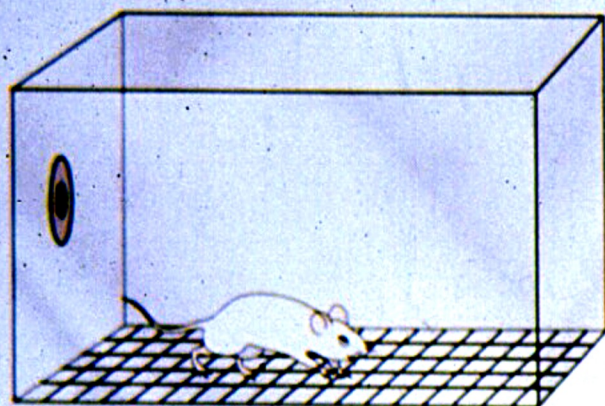
*Pine et al. 1998, 2001, 2002*

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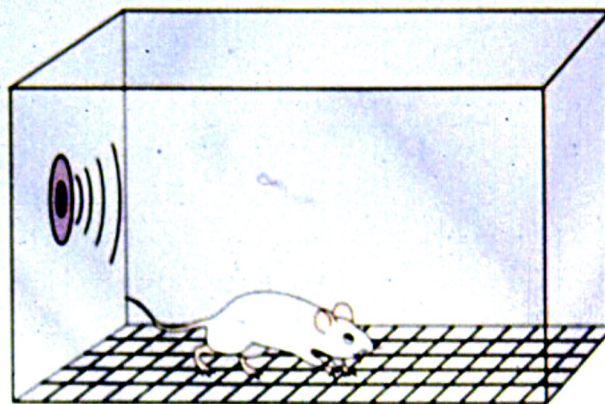
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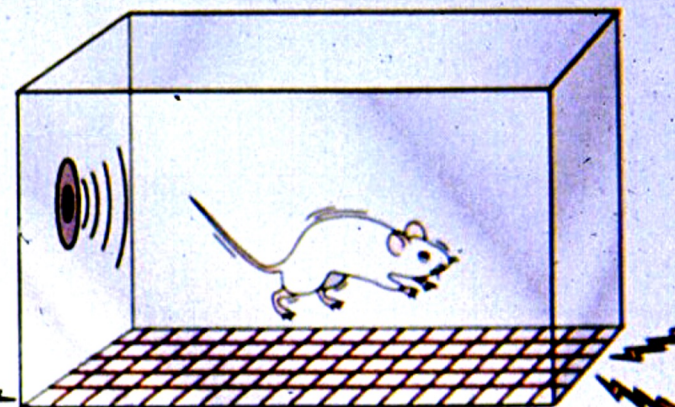
# TRAINING



Exposure to context (2 min)

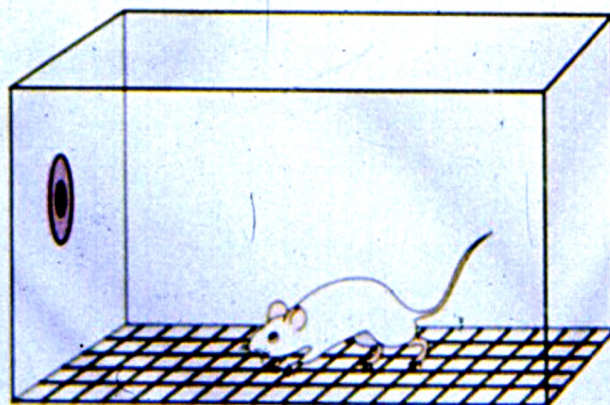


Onset of sound (CS: 30 s)



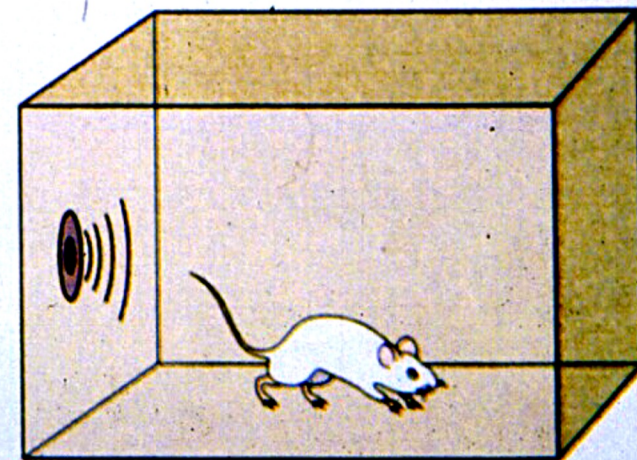
Onset of shock (US: 2 s)

TESTING: Context  
Test at 1 hour  
and 24 hours



Same context (5 min)

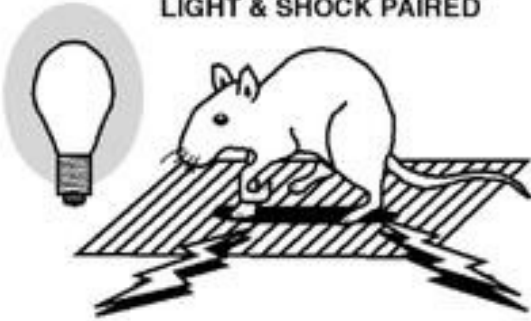
TESTING: Cued  
Test at 1 hour  
and 24 hours



Onset of sound (CS: 3 min)

**A**

**CONDITIONING:  
LIGHT & SHOCK PAIRED**



**TESTING:  
NOISE-ALONE  
TRIALS**

Normal Startle  
(In Dark)



**LIGHT/NOISE  
TRIALS**

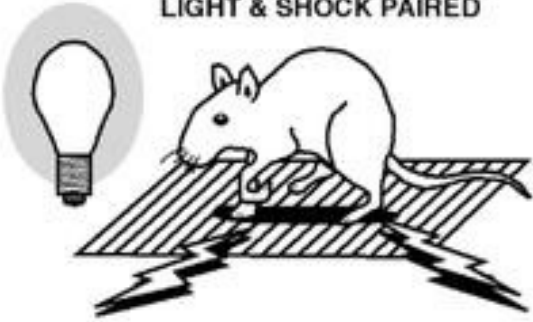
Potentiated Startle  
(In Light)



*Ressler & Davis 2003*

A

CONDITIONING:  
LIGHT & SHOCK PAIRED



TESTING:  
NOISE-ALONE  
TRIALS

Normal Startle  
(In Dark)



LIGHT/NOISE  
TRIALS

Potentiated Startle  
(In Light)

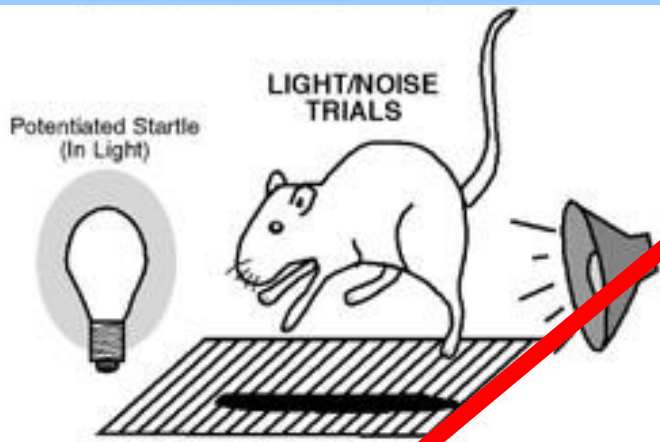
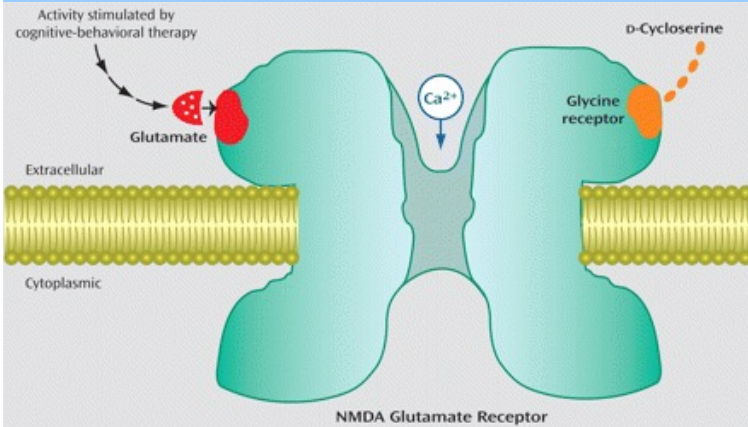


# Extinction Recall: *Remembering the Boundary Between Danger and Safety*

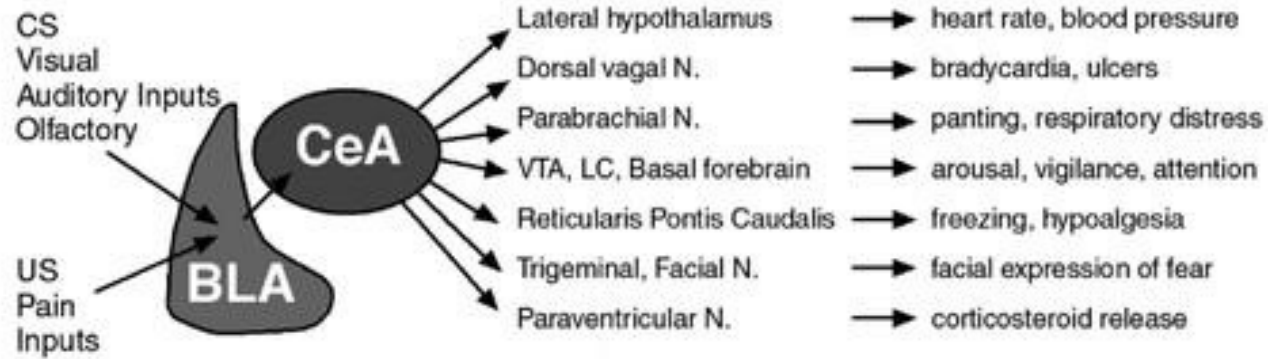
*Ressler & Davis 2003*

# EXTINCTION

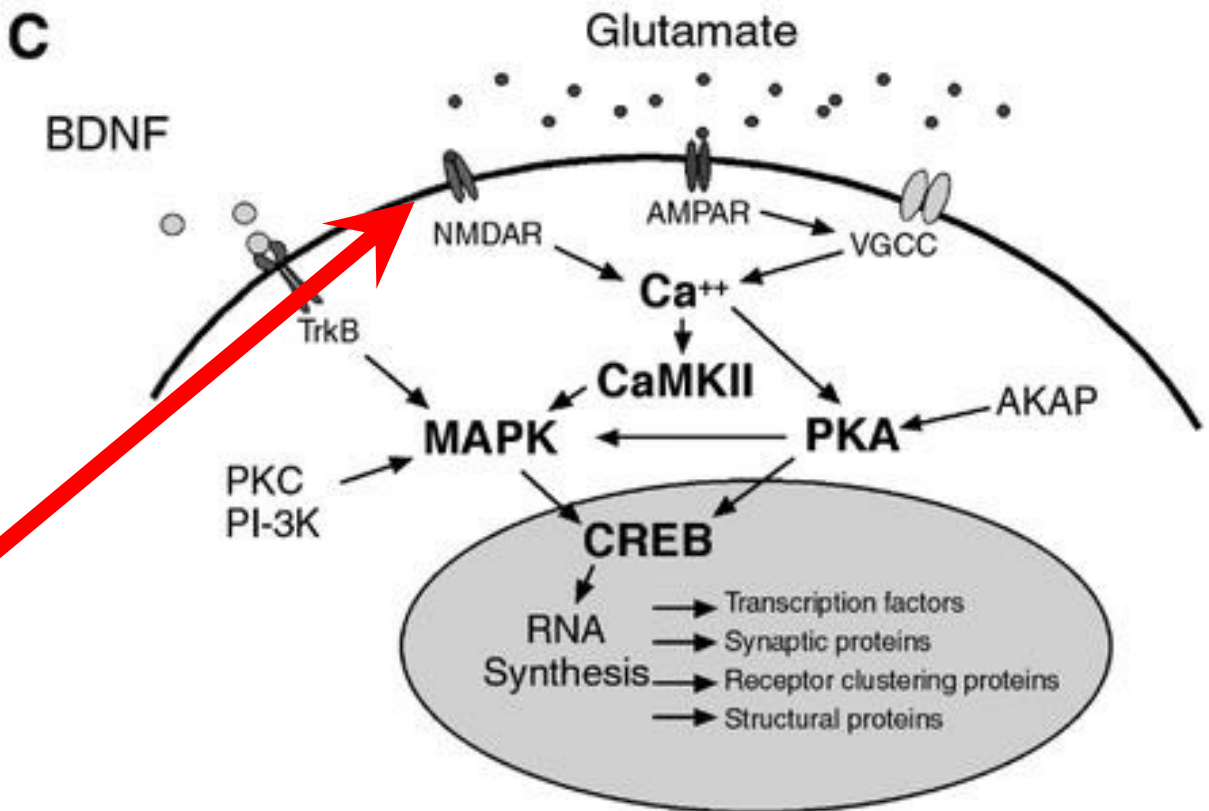
## Insights on Therapeutics



**B**



**C**



NMDA manipulations?

*Ressler & Davis 2003*

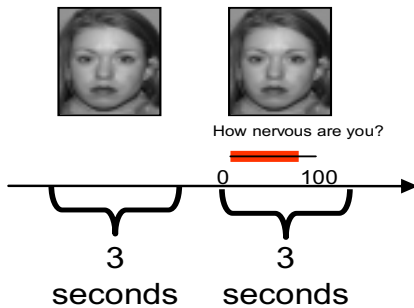


# How do we study fear learning in youth?

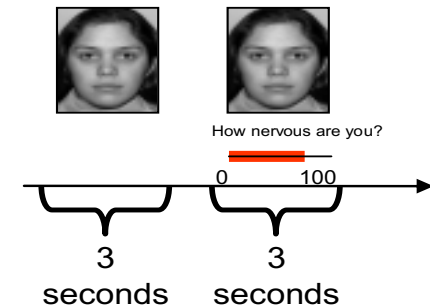


# FACE-SCREAM CONDITIONING

## CS MINUS



## CS PLUS

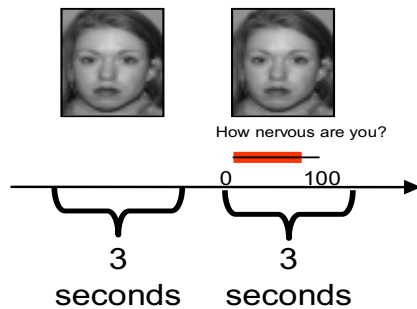


## Conditioning of Fear Reactions:

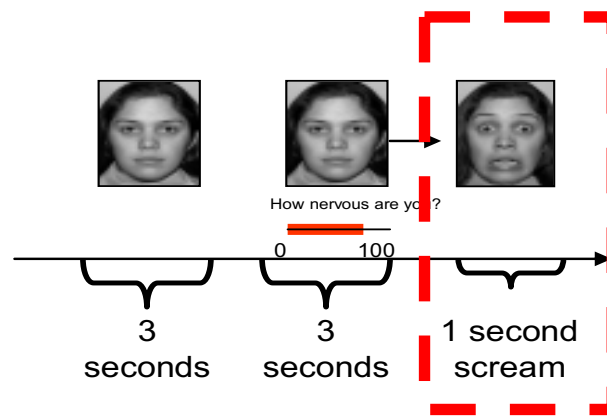
*Neutral Face CS; Screaming Lady UCS*

# FACE-SCREAM CONDITIONING

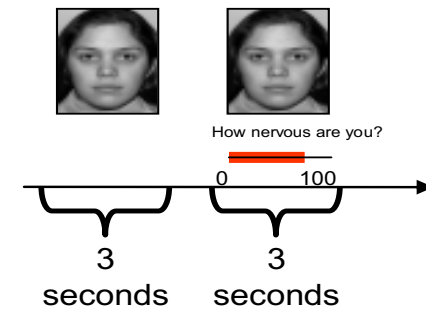
## CS MINUS



## CS PLUS (paired)



## CS PLUS



## Conditioning of Fear Reactions:

*Neutral Face CS; Screaming Lady UCS*

### Pre-conditioning

Expt 1: 8 trials of each

Expt 2: 3 trials of each



How nervous are you?



How nervous are you?



### Conditioning

Expt 1: 10 trials of each

Expt 2: 60 trials of each

CS+



How nervous are you?



Reinforced CS+



+ scream

How nervous are you?



CS-



How nervous are you?



Non-Reinforced CS+



How nervous are you?



80% (Expt 1)  
50% (Expt 2)

20% (Expt 1)  
50% (Expt 2)

# Attention-State & Anxiety:

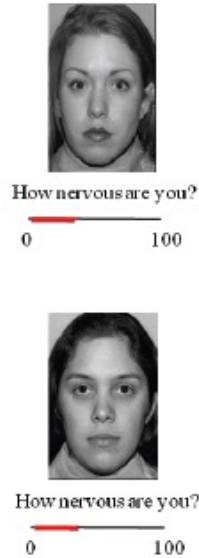
*The importance of threat appraisal*

*Lau et al. (2011)*

### Pre-conditioning

Expt 1: 8 trials of each

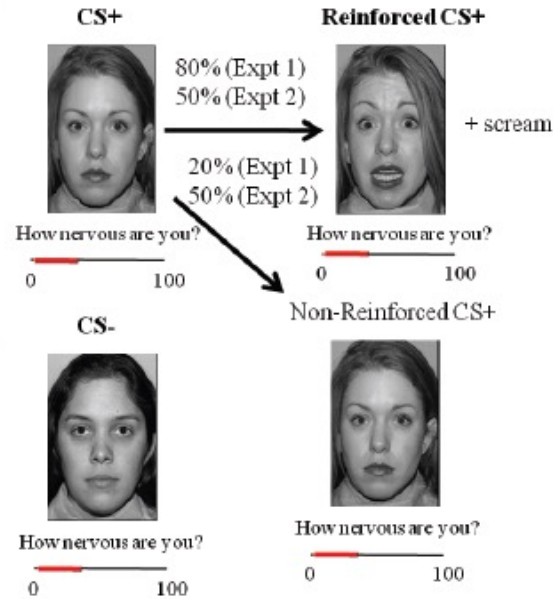
Expt 2: 3 trials of each



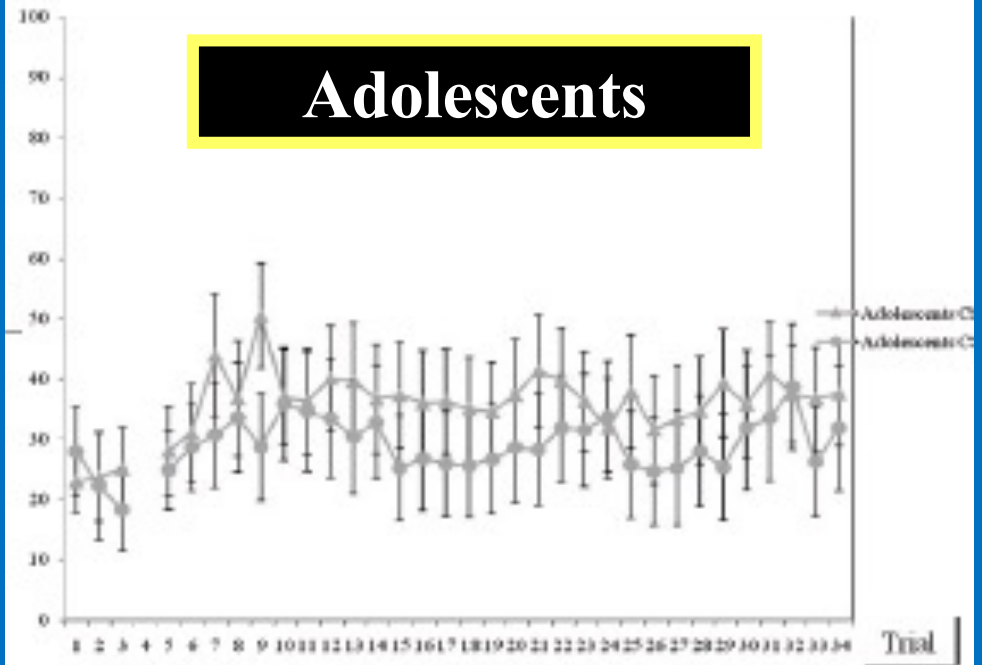
### Conditioning

Expt 1: 10 trials of each

Expt 2: 60 trials of each



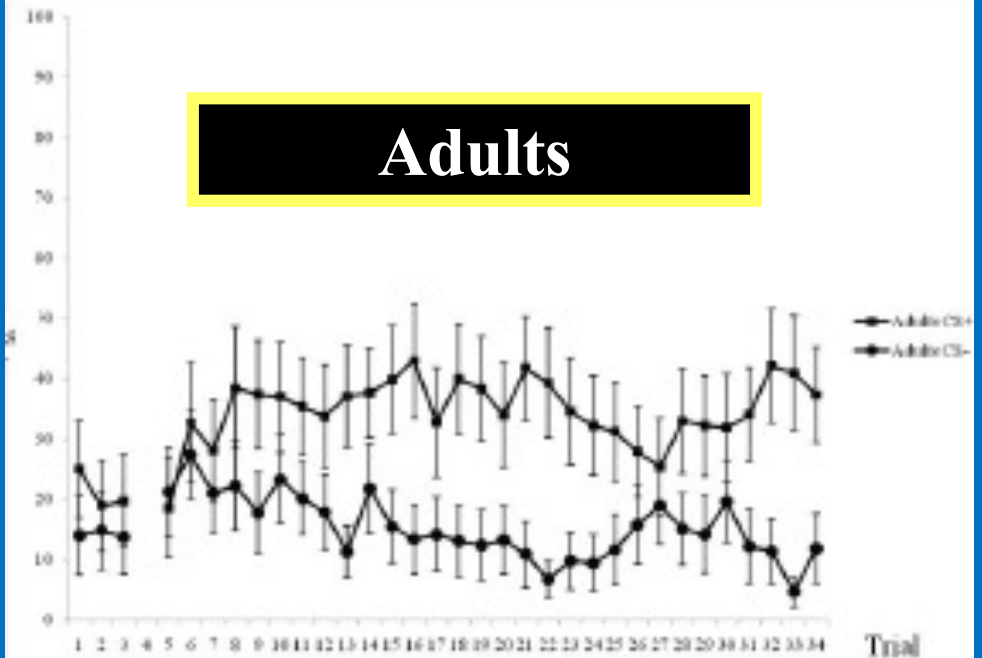
## Adolescents



## Attention-State & Anxiety:

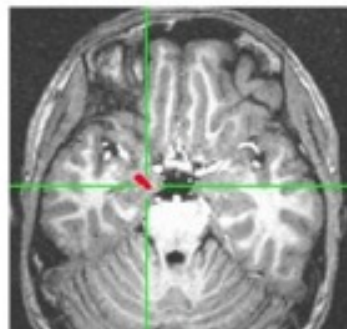
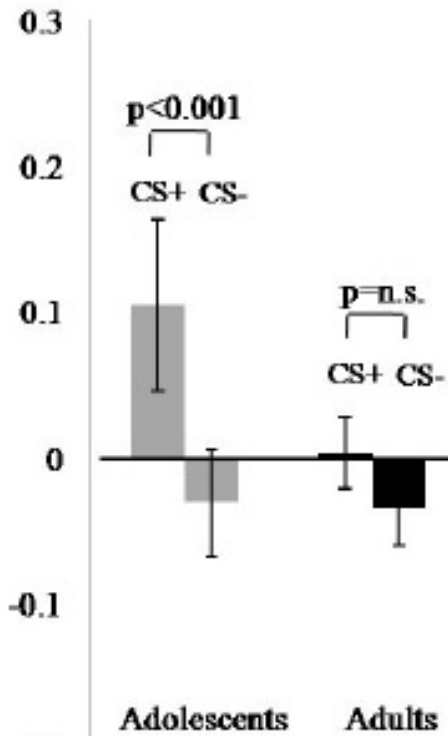
*The importance of threat appraisal*

## Adults

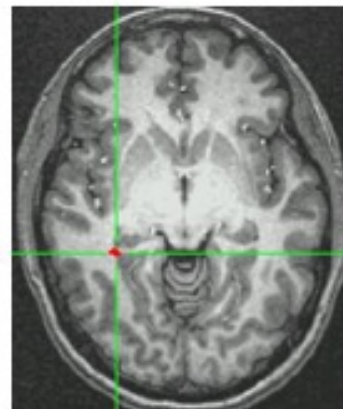
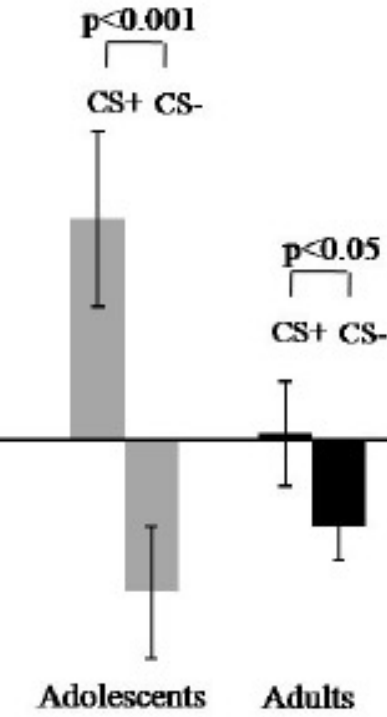


*Lau et al. (2011)*

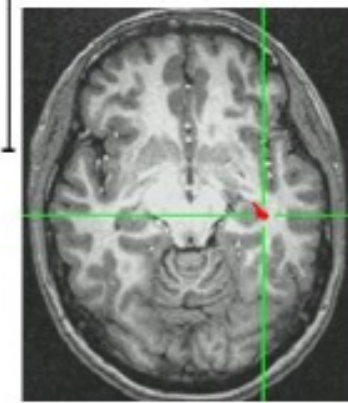
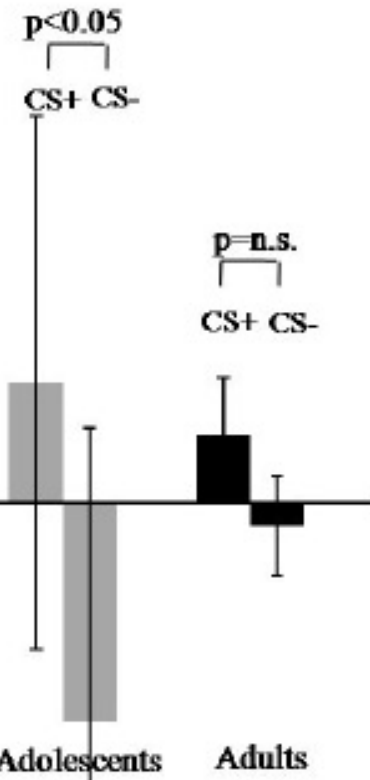
Right amygdala  
(Talairach coordinates: 25 -2 -18)



Right hippocampus  
(Talairach coordinates: 37 -19 -5)



Left hippocampus  
(Talairach coordinates: -31 -36 -2)



*Lau et al. (2011)*

**Day 1 – Conditioning/Extinction**

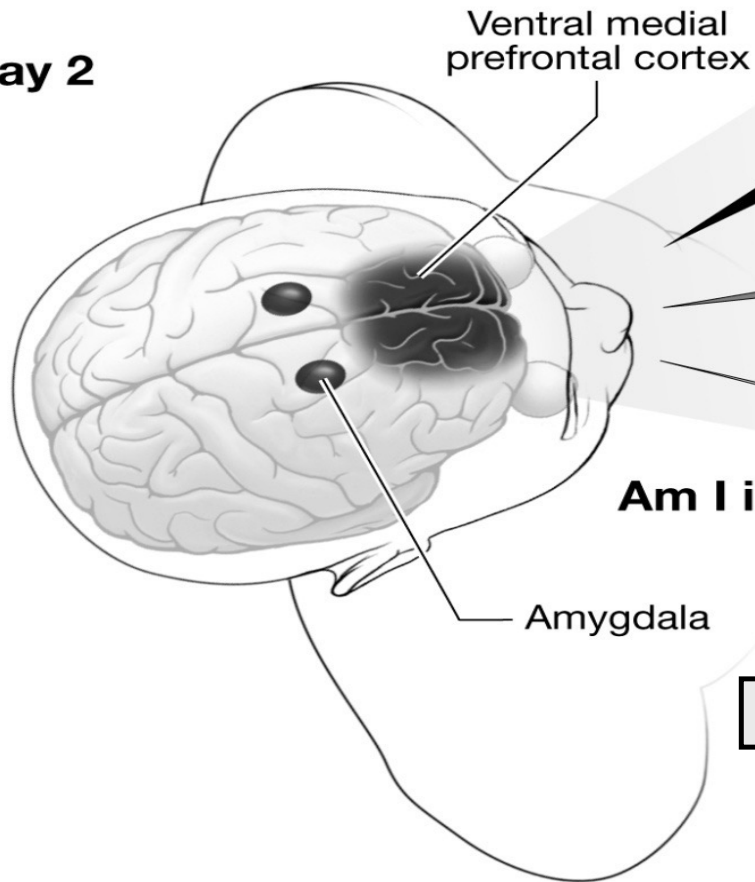
**Day 1**



CS+

CS-

**Day 2**



**Day 15 - 400**



**Am I in danger?**

**Day 2 – Extinction Recall**

# *Outline*

- **Introduction**
- **Diagnostic Specificity**
- **Risk versus Disorder**
- **Novel Therapeutics**



# Collaborators

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