# What Can and Can't\* Be Done with FMRI Bob Cox

#### SSCC/NIMH & NINDS/NIH/DHHS/USA/Earth

\*As yet, anyhoo (AFAIK)



Pics from Nepal

**Bespoken by PAB** 



# What <u>Can't</u> Be Done (IMHO)

- Determine *what* a brain region is doing (decode)
  - e.g., what information is received and how it transforms it and then what gets sent to where
- Determine directionality of information flow
   *Might* be possible with shorter TRs

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- Determine if a brain region is critical for a task – e.g., if it were lesioned, could the task still be done?
- Determine mix of excitatory and inhibitory neural activity
  - Both consume energy hence oxygen, hence BOLD
- Micro to Macro scaling issues (as usual)



#### **Characteristics of FMRI**

- Signal measured by FMRI is more-or-less proportional to blood oxygen level in the veins inside each imaging voxel
- Blood oxygenation = an OK proxy for neural activity immediately upstream from the veins
  - Coming from a 3-5 second interval centered about 5-7 seconds in the past
- BOLD FMRI is a great tool for localizing brain activity in space (within 3 mm, say; maybe better)
- FMRI is a *crude* tool for measuring brain activity *in time* (should get better in the future)

#### A Rough Analogy

- Suppose the brain is a piece of software
   Each "part" of the brain is some sort of subroutine
- FMRI measures "activity" → measuring how much a subroutine is invoked when the software does various user-initiated tasks
- Brain decoding problem → figure out what each subroutine does based on the correspondence between software inputs and how much the subroutine gets invoked
  - Resting state FMRI 

     decipher an operating system from how often subroutines are co-invoked

#### **Annoyances in FMRI**

- Can only measure changes in brain activity
  - Must contrast 2 (or more) mental conditions
  - Can't tell inhibition from excitation (both take energy)
- MRI signal changes affected by many things:
  - Hematocrit; Caffeine; NSAIDs (etc.); CO<sub>2</sub> level; Heartbeat; Breathing; Blood inflow; Geometry of draining veins; Spatially varying hemodynamics; Nonlinearities in BOLD; Subject head movement!
- Signal changes are weak 

   average across multiple trials to get decent voxel statistics
- Time blurring 
   → very hard to see sequencing
   of activity in the brain (not helped by long TRs)

#### **Task Based FMRI**

- To find out information about brain processing of short (1-30 seconds) stimuli or tasks
- Locations in brain that are more or less active in different tasks (*brain mapping*)
  - and correlations between activation fluctuations (e.g., PPI, DCM, SEM, ...)
- Dependence of neural activation strength (BOLD effect) on task parameters (pain level; face type; drug dose; ...)
- Dependence of neural activation on subject parameters (age; disease severity; genotype; ...)

#### Some FMRI Data



- Left = decent looking single subject activation map – From 300 s of data (150 time points)
- Right = data time series that gives activation map

   This is good data [strong activation, little head movement]

#### **Blowups Happen**

(central voxel time series)



J: 47 Grid: 50 Scale: 171 pix/datum | Mean: 100. | Tran OD = -none-K: 10 # 0:149 | Base: separate | Sigma: 0.793884 | Tran 1D = Dataset#N

#### **Type of Stimuli or Tasks**

- Short visual or auditory (sound) inputs
   Faces / Houses ; Musical tones ; Words
- Decisions
  - -Same face? Tones up or down? Animal? Gambling / Financial? Social?
- You may not care about actual task
  - You might care about the CONTEXT in which the task appears
  - -e.g., Faces: task is MALE or FEMALE but context is angry or fearful face

# Variety of Tasks: 1 Week in 2014

3 of 91 articles added to Scopus with "FMRI" in abstract/title

♦FMRI evidence for abnormal resting-state functional connectivity in euthymic bipolar disorder patients. P Favre *et al*. J Affective Disorders **20**: 182-189 (2014).

 Inter-group seed-based connectivity analyses on BP patients during "normal" periods

 $\diamond$ Discovering the structure of mathematical reasoning. J Anderson *et al.* NeuroImage **97**: 163-177 (2014).

 Brain pattern analysis and modeling; breaks problems solving in 5 phases, with distinct activation patterns

 $\diamond$ Sweet lies: Neural, visual, and behavioral measures reveal a lack of selfcontrol conflict during food choice in weight-concerned women. LN van der Lann, *et al.* Frontiers in Behavioral Neuroscience **8**: art num 184 (2014).

 Choosing between high- and low-calorie foods, with matched and mismatched tastiness ratings

#### **RS-FMRI** in Bipolar Patients



- Correlation seed in medial pre-frontal cortex (mPFC)
- 20 subjects in each group (EBP and HS)
- mPFC-dIPFC negative in HS but not in EBP
- mPFC-right amygdala more correlated in EBP than in HS

#### Math is Fun!



#### But is Self Control fun?



#### Hard Tasks for FMRI

- Anything requiring subject to speak or move
  - One word or sound can be OK
  - Requires censoring out MRI volumes during subject speech — jaw motion is bad for images
- Anything that uses subtle sounds (e.g., music)
  - Scanner is very loud
  - One solution: silent period between scans
- Very long duration tasks (*e.g.*, learning; drugs)
  - Hard to tell long activation changes from MRI signal drifting up or down (e.g., head drift)
  - Not impossible, but requires special analyses

#### **Strategies for Speech - 1** Ignore time pts

n



- Single word speech
  - Standard BOLDweighted FMRI
  - Different experimental timings and processing ideas

#### Strategies for Speech - 2



- Continuous speech tasks: sentence generation vs. simple syllable repetition '*pa-ta-ka*'
- Left = ASL imaging Right = BOLD imaging

#### **Group Studies**

- Most FMRI studies look at groups of subjects
- To make collective statements about
  - All of humanity (1 pretty sizeable group)
  - Differences between groups (e.g., patients and controls; young and old; mono- and bi-lingual)
- Effectively are averaging across subjects within a group (and subtracting between groups)
  - Differences within a pre-selected group are taken to be "noise" (AKA signal changes we don't understand)

# Cannot apply most FMRI research results to individuals

#### **Groups of Subjects**

- Can look for differences in
  - -Activation magnitude (% signal change)
  - -Size of activation regions (AKA **blobs**)
  - Inter-regional activation correlations
    - e.g., "connection" of amygdala with something
  - Correlation of activation/correlations with subject covariates (age; IQ; drug abuse, ...)
- Confounds:
  - MRI "noise" level may differ between groups
  - Circularity in reasoning

#### Inter-Subject Variability



Right=OLSQ

Left=GLSQ

- Individual maps from 17 subjects
   – Time = subject
- These subjects are all supposed to be "the same"
- Activation blobs are common, but strength (relative to noise) varies – a lot

#### FMRI "Connectivity"

 Looking for MRI signal fluctuations that are correlated (vary up and down at same times) in different spatial locations

– Lots of annoyances in the data, of course!

- Can be based on task FMRI or based on "resting" FMRI — can be done by anyone
- Hot new-ish word in USA: Connectome
- Data analysis methods are more variable than for task-based FMRI brain mapping
  - Interpretation of correlations is obscure
  - Methodology is newer
  - Not "tied down" to task/function timing

#### **Resting State Correlations**



- Correlation of FMRI time series from a seed location vs. all other locations
- Seed is moving around
- Long range correlations

# Individual Subjects in FMRI

- Things that work
  - -Pre-surgical planning
  - -"Brain reading" (lots of caveats here!)
- Things that are (very) controversial
  - -Lie detection (or general "mind reading")
  - -Biofeedback for chronic pain, drug cravings
    - Slowness of hemodynamics is one issue
- Things we wish we could do
  - Distinguish sub-groups of patients to help in prescribing drugs (e.g., for depression)
  - Diagnose Alzheimer's dementia (e.g.)

## **Brain "Reading"**

- Trying to find out what the brain is doing from the FMRI data at a given time
  - Is the subject looking at a face or at an elephant?
- Multi-Voxel Pattern Analysis = MVPA
- Training data: Build up spatial patterns of brain data for different categories of brain functions
- Then apply patterns to new brain data to estimate what subject is doing at each TR
- What can be "read" with MVPA?
  - 80+% accuracy for some discriminations
  - Inter-subject patterns? Generic categories?

#### **Brain "Reading"**



 Reconstruction of what subject was looking at (10 x 10 binary patterns)

## **Brain "Reading"**

- Has been applied to patients in "minimally conscious" state to assess level of awareness and attention
- Instruct patient to think of physical activity (tennis playing) to answer a question YES and to think of walking around in their house to answer a question NO
- A fraction of patients not otherwise able to communicate were able to respond correctly in this way to questions about their lives
- Studies to date are limited in scope

#### **Confusions & Distinctions**

- Brain vs. Mind
  - Neuroscience vs. Cognitive science
- Mass level vs. Micro-circuitry

   Connecting blobs to cell-level actions?
- Excitation & Inhibition both consume energy – What does "active" mean?
- Active vs. Necessary (e.g., lesion studies)
- Modulated here? Or there?
- MVPA vs. Specificity
- Resting State: "Function" vs. Physiology

#### PUSHING THE SENSITIVITY LIMITS OF EMRI



Gonzalez-Castillo, PNAS 2012; 100 runs (9 hrs) per subject

# ThThThat's AII, Folks



